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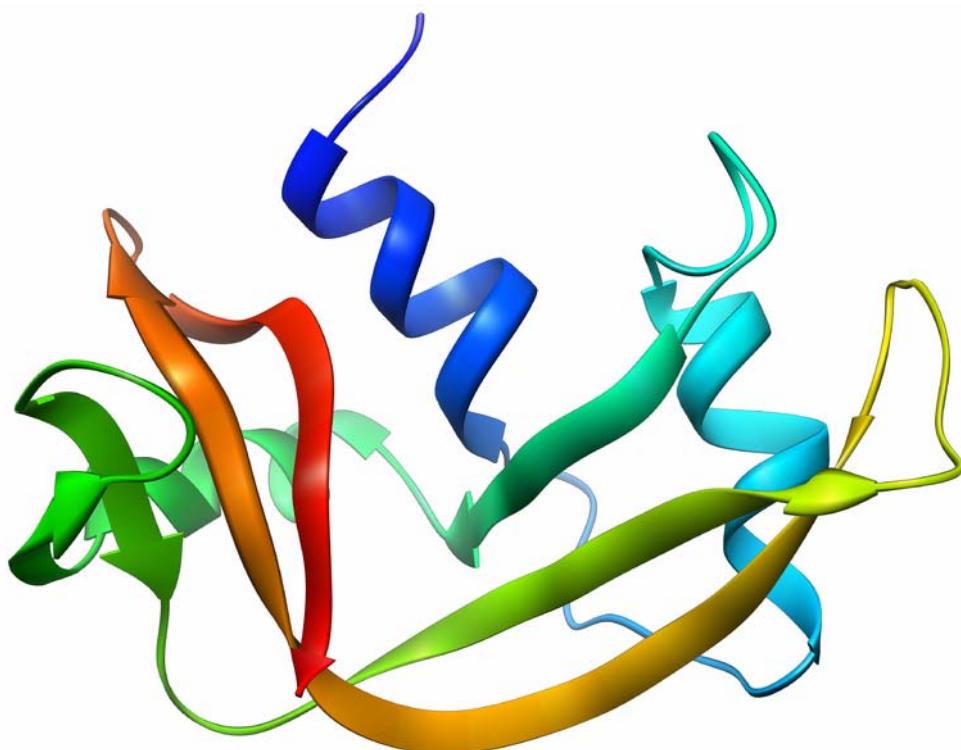
# I. Biological Background

## A. Ribonuclease A

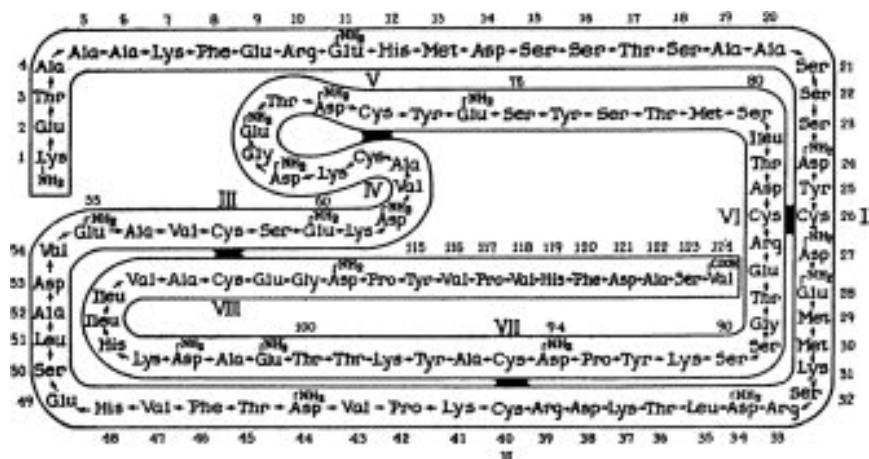
Synonyms: Ribonuclease pancreatic, Ribonuclease 1

Abbreviations: RNase 1, RNase A

Ribonuclease A is an endonuclease that catalyzes the cleavage of RNA on the 3' side of pyrimidine nucleotides. It acts on single-stranded as well as on double-stranded RNA [UniProt © 2002–2013]. RNase A cleaves the RNA by transphosphorylation and hydrolysis reaction. Several subsites exist within the catalytic center of RNase A, where RNA binds. The subsites are labeled as P, R and B that are binding sites for phosphate, ribose and nucleobase of RNA. The main subsite is considered P<sub>1</sub>, while subsites B<sub>1</sub> and B<sub>2</sub> on each side of P<sub>1</sub> are partially conserved. However, B<sub>1</sub> binds pyrimidines, while B<sub>2</sub> prefers purines [Samanta et al. 2011]. RNase A comprises four disulfide bonds as well as two *cis*-amide bonds, see Figure 2 [Marashall et al. 2007]



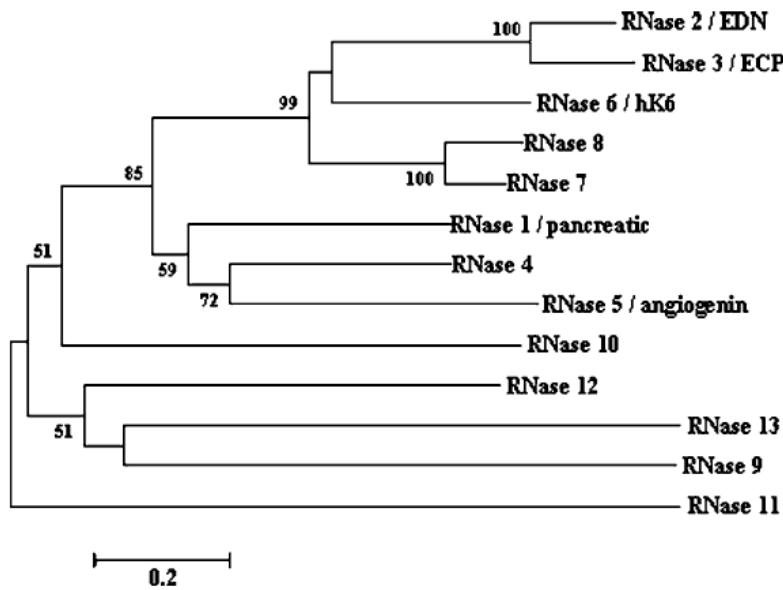
**Figure 1.** 3D Structure of RNase A in solution by nuclear magnetic resonance, reproduced from Santoro et al. 1993



**Figure 2.** Sequence diagram of bovine pancreatic ribonuclease A, reproduced from Marashall et al. 2007

RNase A belongs to the Ribonuclease A superfamily. The superfamily was named after the bovine pancreatic RNase because it is one of the first enzymes to be characterized. RNases were identified in many vertebrates, including humans, mice and cows. The RNase A superfamily does not share sequence homology with any other RNase families such as RNase H, RNase III, and RNase P [Goo, Cho 2013].

At present 13 human Ribonuclease genes, RNase 1 to 13, (Figure 3) and 11 mouse EAR genes (EAR 1 to 7, EAR 10 to 12 and EAR 14) are known.



**Figure 3.** Phylogenetic tree of human RNase A ribonucleases, reproduced from Dyer, Rosenberg 2006

## B. Obesity

*"Corpulence is not only a disease itself, but the harbinger of others"*  
Hippocrates (c. 460 BC – c. 370 BC)

### Introduction

Obesity is a medical condition where fat accumulates in an abnormal and excessive way that may affect human health.

To classify overweight and obesity several methods exist. The most common and simple one is the Body Mass Index (BMI). BMI is defined as weight in kilograms divided by the square of height in meters ( $\text{kg}/\text{m}^2$ ).

WHO definition [WHO 2006]:

<b>BMI</b>	<b>Classification</b>
< 18.5	underweight
18.5-24.9	normal weight
25.0-29.9	overweight
30.0-34.9	class 1 obesity
35.0-39.9	class 2 obesity
$\geq 40.0$	class 3 obesity

Although BMI is an accepted method to monitor the weight status of a population, it has often limits for assessing an individual's status. The reason is that BMI does not distinguish between fat and muscle mass.

Another method to measure especially the abdominal obesity is the waist circumference. Women should have a waist circumference < 88cm and men < 102cm, the waist-hip-ratio is considered as healthy under 0.85 for women and 0.9 for men.

## Facts according to WHO

- Overweight and obesity are the fifth major risk for death.
- Approximately over 2.8 million persons die each year as a consequence of being overweight or obese.
- 44% of the diabetes burden, 23% of the ischaemic heart disease burden and between 7% and 41% of certain cancer burdens are assignable to overweight and adiposity.
- WHO estimates from 2008
  - More than 1.4 billion adults are overweight.
  - Of these over 200 million men and nearly 300 million women are obese.
  - All together, more than 10% of the world's adult population is obese.
- Obesity is linked to more deaths worldwide than underweight, e.g. 65% of the world's population live in countries where obesity kill more people than underweight [WHO 2013]

## Causes and mechanisms

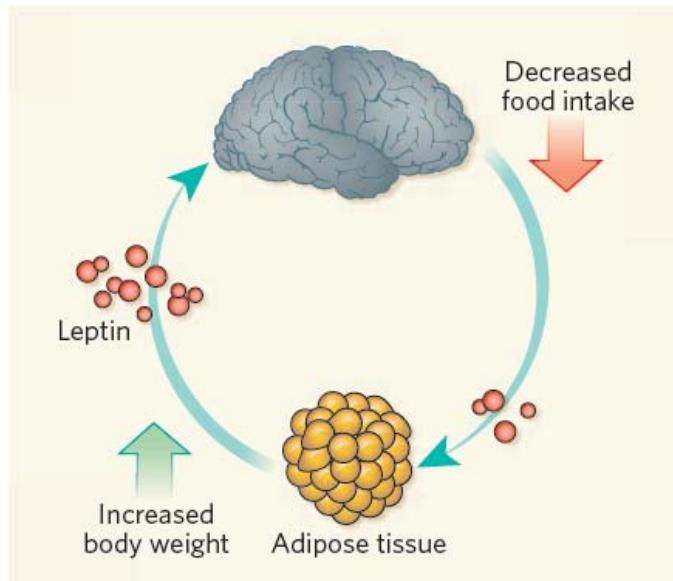
Obesity has not a single cause but is a combination of different conditions with multiple causes. Most important is the interaction between genetics, phsychosocial and environmental factors [Kopelman 2000].

Lifestyle and environment criteria are important but sometimes insufficient factors in obesity.

Different mutated genes can cause obesity. These genes are often part of the energy balance regulation system. For example, the ob gene encodes leptin. Leptin is a hormone which is secreted by adipose tissue with increased body weight. It binds to leptin receptors in the brain, e.g. in the hypothalamus region. As result a sensation of satiety occurs. Body weight reduction decreases leptin production and increases food intake (Figure 4).

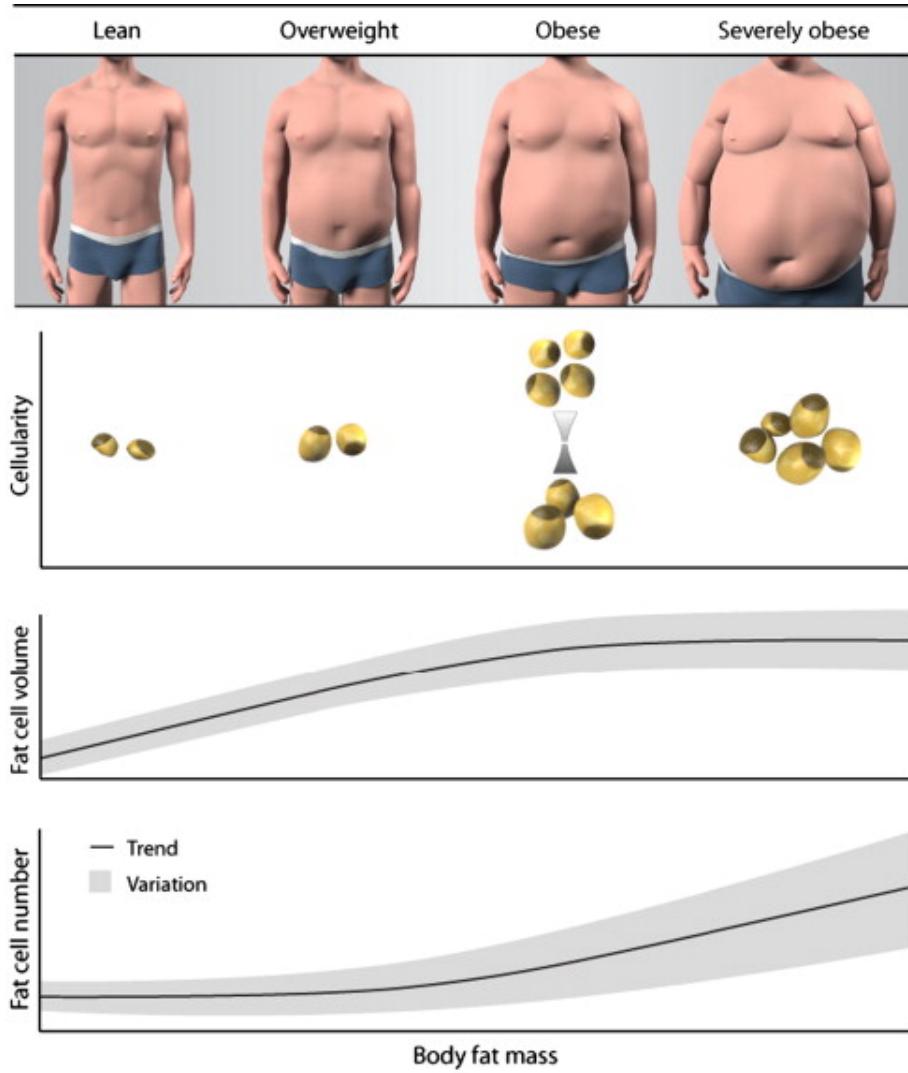
Mice with mutations in ob do not produce any leptin and show a significant weight gain compared to normal mice. The situation is similar for humans. There are also neurons in the hypothalamus that are activated by leptin and express the neuropeptide precursor

POMC. Mutations in POMC or in its receptor MC4 can be also responsible for obesity [Friedmann 2009].



**Figure 4.** Leptin influence on food intake, reproduced from Friedmann 2009

Obese individuals have an excess of fat cells that are increased in size compared to lean individuals. In addition, almost all obese patients have a higher number of adipocytes as well (Figure 5). However, common therapy methods are capable to decrease adipocyte size but not the adipocyte number [Arner, Spalding 2010]. This can become a new therapeutical target for obesity treatment; see also the section “Ribonuclease A as a new target for treating obesity” below.



**Figure 5.** Obesity is characterized by larger adipocyte size as well as by larger adipocyte number, reproduced from Arner, Spalding 2010

### Effects on health

Obesity is associated with several health problems like cardiovascular diseases, diabetes mellitus type II, asthma, osteoarthritis, some types of cancer and an increased risk of premature death [Haslam, James 2005].]

### **Metabolic syndrome**

The metabolic syndrome consists of multiple risk factors for cardiovascular disease. Components related to it are:

- Abdominal obesity
  - Atherogenic dyslipidemia
  - High blood pressure
  - Insulin resistance, glucose intolerance
  - Proinflammatory state
  - Prothrombotic state
- [Grundy et al. 2004]

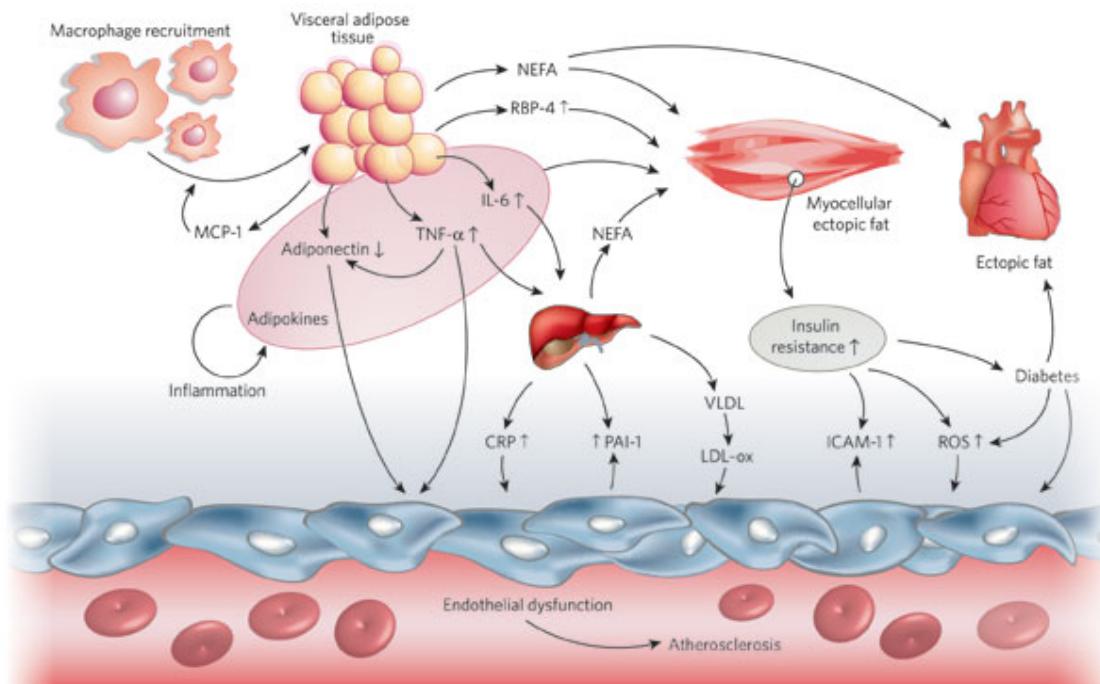
Diagnosis can be made if at least 3 of the 5 compounds from Figure 6 are present.

Risk Factor	Defining Level
Abdominal obesity, given as waist circumference*†	
Men	>102 cm (>40 in)
Women	>88 cm (>35 in)
Triglycerides	≥150 mg/dL
HDL cholesterol	
Men	<40 mg/dL
Women	<50 mg/dL
Blood pressure	≥130/≥85 mm Hg
Fasting glucose	≥110 mg/dL‡

**Figure 6.** Metabolic syndrome criteria, reproduced from Grundy et al. 2004

Especially abdominal fat is considered to elevate cardiovascular morbidity, including stroke, myocardial infarction, congestive heart failure and cardiovascular death.

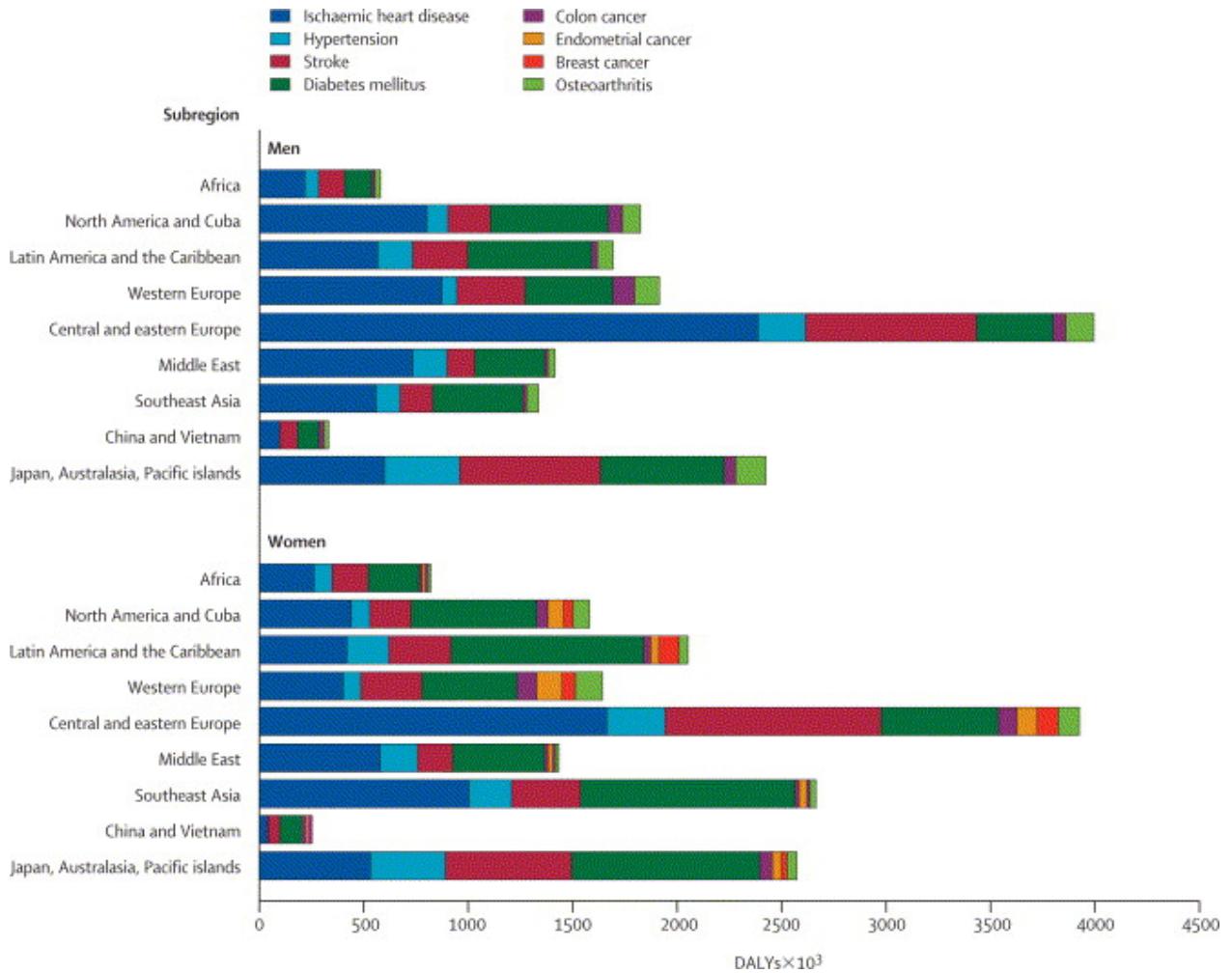
In addition to abdominal fat insulin resistance is also a risk factor for cardiovascular diseases in obesity (see Figure 7). Fat tissue secretes adipokines, especially adiponectin and TNF- $\alpha$ , after macrophage recruitment. The adipokines have a direct effect on endothelial dysfunction. TNF- $\alpha$  and IL-6 might as well indirectly influence inflammation and endothelial dysfunction. Furthermore, insulin resistance that is induced by cytokines, NEFA and retinolbinding protein 4 may produce oxidative stress and following endothelial dysfunction. Adipose tissue, insulin resistance, liver-induced inflammation and dyslipidaemia can cause and accelerate the atherosclerotic process [Van Gaal et al. 2006].



**Figure 7.** Mechanisms leading to cardiovascular diseases, reproduced from Van Gaal et al.

2006

Excess weight leads to bad health. Figure 8 shows detailed estimates of the years of illness and lost lives due to obesity for several regions of the world. Cardiovascular disease is on top, followed by diabetes and cancer. Surprisingly, Asian countries have a higher disease burden comparing to their lower rate of adiposity. The highest number of disability-adjusted life-years lost can be found in central and eastern Europe [Haslan, James 2005].



**Figure 8.** Disability-adjusted life-years (DALYs) lost as a result of obesity, reproduced from Haslan, James 2005

### Treatment

#### Lifestyle change

The main treatment of obesity today is a lifestyle change including diet and physical exercises. The approach is to reduce the calorie intake by 500-1000 kcal per day together with portion sizes and fatty and high-sugar foods. In addition, exercise is recommended, for approximately 30 min per day on a regular basis [Carvajal et al. 2013].

However, the weight loss and weight maintenance success is not really big because of several reasons, for example because of the counseling difficulty and patient compliance [Yanovski et al. 2013]

### **Bariatric surgery**

Bariatric surgery is another treatment option. It has shown meaningful success in treating obesity. However, this is an invasive surgery and may lead to dangerous complications.

### **Pharmacotherapy**

In some cases lifestyle change is combined with pharmacotherapy. For some drugs allowed for obesity treatment see Figure 9. Some of the commonly used drugs are for example orlistat, phentermine, and lorcaserin [Yanovski et al. 2013]. Pharmacotherapy is associated with modest weight loss. However, the weight loss is not enormous and many drugs have side effects that decrease the compliance (e.g. like steatorrhea ). Others turn out to have a serious influence on health, like sibutramine, a serotonin–norepinephrine reuptake inhibitor, which was removed from the market in 2010 because of the risk of cardiovascular events [Carvajal et al 2013]

Generic Drug (Proprietary Name[s]) Dose Frequency/d)	Mechanism of Action	Wholesale Price/mo, \$ <sup>a</sup>	1-y Weight Change Relative to Placebo, Mean (95% CI), kg <sup>b</sup>	Common Adverse Effects
<b>Short-term approval<sup>c</sup></b>				
Phentermine 15-37.5 mg (Adipex-P, Fastin, Oby-Cap, Ionamin, Others; 1×) <sup>d</sup>	Noradrenergic causing appetite suppression	6-45	Not included	Insomnia, elevation in heart rate, dry mouth, taste alterations, dizziness, tremors, headache, diarrhea, constipation, vomiting, gastrointestinal distress, anxiety, and restlessness <sup>e</sup>
Diethylpropion 25 mg or 75 mg, SR (Tenuate, Tenuate Dospan, Tepanil; low dose, 3×; SR dose, 1×) <sup>d</sup>	Noradrenergic causing appetite suppression	47-120	Not included	Same as phentermine <sup>e</sup>
Phendimetrazine 17.5-70 mg or 105 mg, SR (Bontril; lower doses, 2-3×; SR dose, 1×) <sup>f</sup>	Noradrenergic causing appetite suppression	6-20	Not included	Same as phentermine <sup>e</sup>
Benzphetamine 25-50 mg (Didrex; 1-3×) <sup>f</sup>	Noradrenergic causing appetite suppression	20-50	Not included	Same as phentermine <sup>e</sup>
<b>Long-term approval<sup>c</sup></b>				
Orlistat 60 mg (Alli) or 120 mg (Xenical; 3× within 1 h of a fat- containing meal) <sup>g</sup>	Lipase inhibitor caus- ing excretion of ap- proximately 30% of ingested triglycerides in stool	60 mg, 45 120 mg, 207	60 mg, -2.5 kg (-1.5 to -3.5) 120 mg, -3.4 kg (-3.2 to -3.6)	Oily spotting, flatus with dis- charge, fecal urgency, fatty oily stool, increased defecation, fecal incontinence <sup>h</sup>
Lorcaserin 10 mg (Belviq; 2×) <sup>d</sup>	Highly selective sero- tonergic 5-HT2C re- ceptor agonist causing appetite suppression	240	-3.2 kg (-2.7 to -3.8)	Headache, dizziness, fatigue, nau- sea, dry mouth, cough, and constipation; and in patients with type 2 diabetes, back pain, cough, and hypoglycemia <sup>h</sup>
Phentermine plus topira- mate-ER (Qsymia; 3.75 mg/23 mg for 2 weeks, increased to 7.5 mg/46 mg, escalating to a max of 15 mg/92 mg; 1×) <sup>d</sup>	Noradrener- gic + GABA-receptor activator, kainite /AMPA glutamate re- ceptor inhibitor caus- ing appetite suppression	140-195	7.5 mg/46 mg, -6.7 kg (-5.9 to -7.5) 15 mg/92 mg, -8.9 kg (-8.3 to -9.4)	Paresthesias dizziness, taste alter- ations, insomnia, constipation, dry mouth, elevation in heart rate, memory or cognitive changes <sup>h</sup>

Abbreviations: AMPA, α-amino-3-hydroxy-5-methyl-4-isoxazole propionic acid; ER, extended release; GABA, γ-aminobutyric acid.

<sup>a</sup> Reference prices<sup>9</sup> as of March 8, 2013.

<sup>b</sup> Weight change data are relative to placebo using intent-to-treat analyses for each medication at 1 year. No studies for older noradrenergic agents met inclusion criteria for length of treatment, sample size, and attrition.

<sup>c</sup> Food and Drug Administration-approved for short-term (ie, a few weeks) or long-term use.

<sup>d</sup> Medications listed on Drug Enforcement Administration Schedule IV are associated with a lower risk of abuse than medications on Schedule III.

<sup>e</sup> Common adverse events for noradrenergic agents include those listed as common in Prescription Medications for the Treatment of Obesity<sup>10</sup> because adverse event frequency is not available in drug package inserts for these agents.

<sup>f</sup> Drug Enforcement Administration Schedule III medication.

<sup>g</sup> Orlistat is a non-Drug Enforcement Administration-scheduled drug.

<sup>h</sup> For orlistat, lorcaserin, and phentermine plus topiramate-ER, common adverse events are those listed in the drug package inserts<sup>11-13</sup> that are reported to occur more frequently than placebo and with more than 5% prevalence. See full prescribing information for all adverse effects, cautions, and contraindications.

**Figure 9.** Drugs with indication for obesity, approved in the US, reproduced from Yanovski et al. 2013.

### Ribonuclease A as a new target for treating obesity

According to new findings Ribonuclease A plays a role in formation of adipose tissue. Members of the RNase A family have been identified as key regulators of preadipocyte differentiation. It was shown that inhibitors of Ribonucleases prevent differentiation of preadipocytes and therefore interfere with the formation of mature adipocytes. Thus, the number of adipocytes has dramatically decreased in the experiment. It was also demonstrated that murine EAR-1, -2 and -10 and human RNase 1 are strongly expressed in adipose tissue. Finally, it was found that RNases promote adipogenesis as evidenced by the induction of the expression of adipogenes genes and the increased number of adipocytes

The inhibition of Ribonuclease prevents differentiation of preadipocytes, and decreases the number of adipocytes. Proliferation of preadipocytes and increase in the number of adipocytes are important determinants associated with obesity. Therefore, the inhibition of Ribonuclease A is a new strategy for developing drugs for treating obesity [Bilban et al. 2013].

## **II. Aim of Study**

The treatment of obesity represents a major task for modern medicine, not only in the developed countries but also in the developing world [Friedmann 2009]. As obesity is increasing rapidly and becoming a major risk for premature death, it is of high importance to conduct research in this field.

The commonly used treatment options, such as lifestyle change, including diet with calorie restriction and physical exercise, bariatric surgery and known pharmacotherapy influence adipocyte size only. A therapy method that also decreases adipocyte number is missing up to date.

Ribonuclease A, an enzyme of the ribonuclease A superfamily, is associated with obesity and has an impact on adipocyte size and number. For this reason RNase A is an interesting novel target for drug development for treatment of obesity.

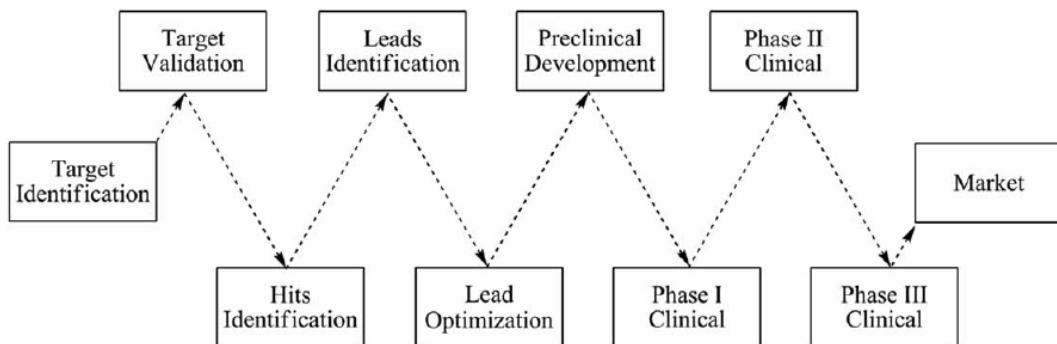
The aim of this study was to identify new ligands that can act as antagonists for Ribonuclease A by *in-silico* methods. The purpose of the work was to enable the beginning of drug development for obesity, as it is a serious health affecting disease with need for new medication options.

## III. Computational Background

### A. Computer-Aided Drug Design

Computer-Aided Drug Design (CADD) has become an important part of pharmaceutical research and drug development. CADD expedites drug development by using information of existing drugs and biological targets, combined with interdisciplinary information from different fields.

The process of pharmaceutical R&D is expensive and time-consuming. The drug discovery process can be split in different stages (Figure 10). Target identification and validation, hits and lead compounds identification followed by lead optimization. These make up the research phase of the drug development process. The research phase is followed by pre-clinical development and clinical trial phases I-III. In total it takes over ten years and around \$500 million to more than \$2,000 million until a new drug gets developed and approved [Gao et al, 2010]



**Figure 10.** Drug development process: from drug discovery to the market, reproduced

from Gao et al. 2010.

#### Structure-based design

Nowadays a large number of 3D structures of molecular targets are available because of the big medicinal chemistry success in the last decade. Structure based design is based on the search of compounds that fit into the binding site of a protein [Gubernator and Boehm 1998]

## B. Sequence Alignment

One of the widely used bioinformatics analyses are nowadays multiple sequence alignments. They are used routinely as parts of more complicated analyses. Multiple sequence alignment is helpful for highlighting areas of similarity that may be associated with specific features that have been more conserved than other regions. Sequence alignment plays also an important role for phylogenetic analysis which models the substitutions that have occurred over evolution. Several software packages are available, e.g. ClustalW, ClustalX, T-Coffee, MUSCLE and MAFT [Larkin et al. 2007].

### Clustal W

ClustalW [Larkin et al. 2007] is a web based tool to align multiple sequences together in a computationally efficient manner. The multiple sequence alignment web form is provided by EMBL-EBI at <http://www.ebi.ac.uk/Tools/msa/clustalw2/>.

There are two different options to utilize this service: either interactively or by email. In the first case the results are displayed in the browser window. By choosing the email setting instead, a link to the results is sent by email. This is profitable when the submitted amount of data is large and therefore the job would take a long time to run.

The program allows the input of nucleic acid or protein sequences in the following multiple sequence formats:

- NBRF/PIR
- EMBL/UniProt
- Pearson (FASTA)
- GDE
- ALN/ClustalW
- GCG/MSF
- RSF

The sequences can be uploaded to the web form in a file or pasted into the web form. It is necessary that each of the sequences has a unique name. If they do not, the job cannot be done. Other causes for failure are empty lines, white spaces or control characters between sequences at the top of the file.

The input for ClustalW is restricted to a maximum of 500 sequences or to a 1MB file. When the number of sequences is too big, ClustalW can run for a long time and may not finish at all in some cases.

There are several output options for the alignment file, which can be selected during job submission:

- Clustal w/ numbers
- Clustal w/o numbers
- GCG MSF
- PHYLIP
- NEXUS
- NBRF/PIR
- GDE
- Pearson/FASTA

By default the main output is the alignment file. Other outputs can be seen in the results summary tab. The output also contains a Score Table that shows the pair wise scores calculated for every pair of sequences that is to be aligned. Pair wise scores are the number of identities between the two sequences, divided by the length of the alignment, and represented as a percentage. This alignment is only a pioneer to the full multiple alignment [ClustalW2 2007]

## C. Pharmacophore Modeling

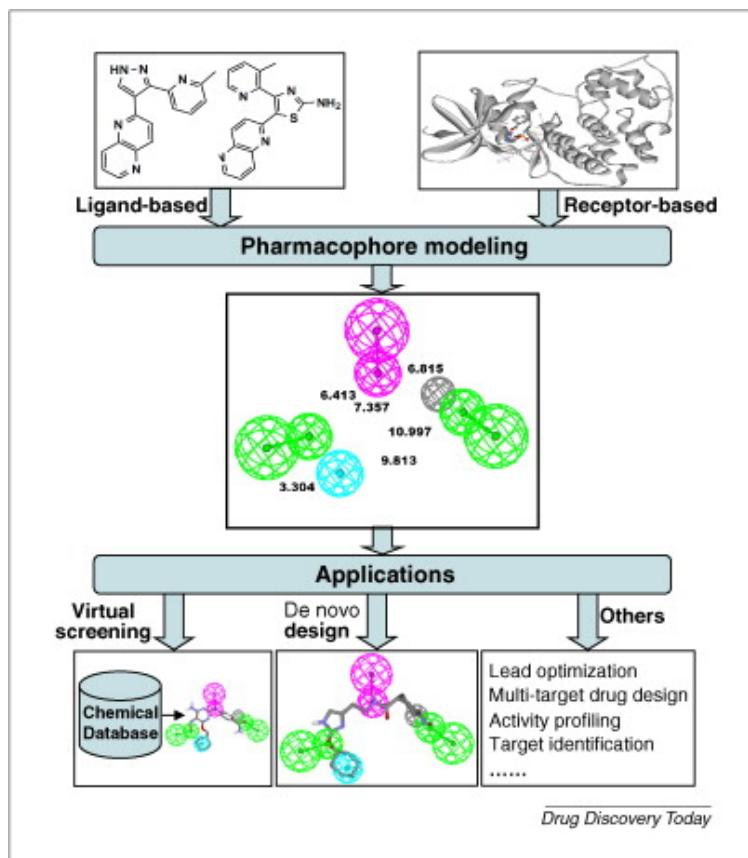
*“A model must be wrong, in some respects, else it would be the thing itself. The trick is to see where it is right.”*

Henry A. Bent.

### Introduction

The concept of pharmacophore was first defined by Paul Ehrlich in 1909 as “a molecular framework that carries (*phoros*) the essential features responsible for a drug's (*pharmacón*) biological activity” [Ehrlich, 1909]. IUPAC defines a pharmacophore as “an ensemble of steric and electronic features that is necessary to ensure the optimal supramolecular interactions with a specific biological target and to trigger (or block) its biological response” [Wermuth et al. 1998]. The pharmacophore concept is basically based on the same interactions as in drug-receptor complexes: hydrogen bonding, charge transfer, electrostatic and hydrophobic interactions [Wolber, Langer 2005].

A pharmacophore model can be generated either ligand-based by extracting common chemical features from a set of active molecules, or structure-based by examining possible interaction points between the protein binding site and selected ligands. Pharmacophore models are often used in virtual screening, de novo design and other applications (see Figure 11). [Yang 2010]



**Figure 11.** Framework of pharmacophore modeling and applications, reproduced from Yang, 2010.

### Structure-based Pharmacophore Generation

The structure-based pharmacophore modeling concept is based on the examination of the 3D structure of a macromolecule-ligand complex or a macromolecule without any ligand. The protocol analyzes the complementary chemical features of the binding site and their spatial relationships to receive a pharmacophore model assembly with selected features. The models are generated based on the set of pharmacophore features mentioned before in addition to exclusion spheres [Yang 2010]. There are several commercial tools provided for structure-based pharmacophore modeling, e.g. LigandScout, DS Structure Based Pharmacophore, MOE, and Phase [Gao et al.2010].

## Virtual Screening

Virtual screening is an important part of CADD because it can minimize the costs and time of drug development for pharmaceutical companies. The screening eliminates undesired molecules from compound libraries. There are different stages the virtual screening has to proceed to deliver the desired lead molecules (Figure 12):

### Stage 1: Generation of Pharmacophore

For the structure-based design a 3D Structure of the target or a target-ligand-complex is needed. If there is no 3D structure available, a homology model can be used as well.

### Stage 2: Virtual Screening

Commercial databases are screened with 3D pharmacophore models. Key points are: database selection, involvement and tolerance radius of excluded volumes, method for conformational search, energy windows, and maximum number of conformers in the conformation generation.

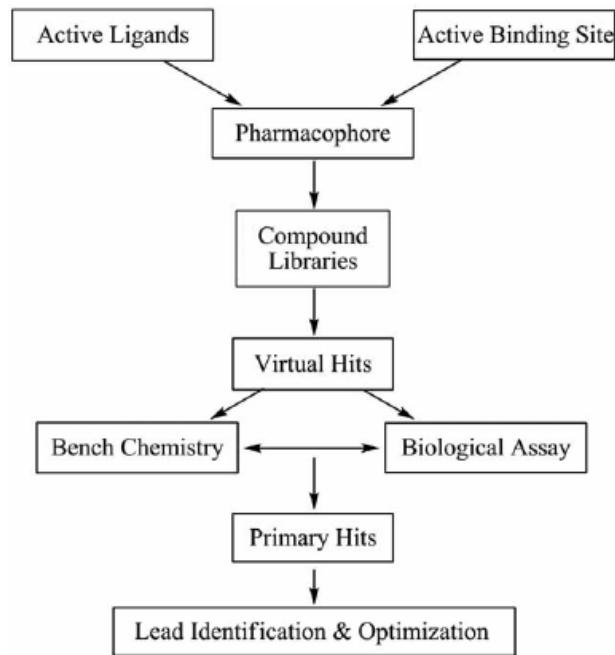
### Stage 3: Generation of Primary Hits

The aim in this stage is to limit the number of compounds that will proceed the more expensive phase of biological testing. To provide information for false positive hits bioassays are used.

### Stage 4: Generation of Lead Compounds

In this stage the identification and optimization process takes place. It is necessary to optimize the compounds to obtain lead-like and drug-like properties.

[Gao et al. 2010]



**Figure 12.** Workflow for pharmacophore based virtual screening, reproduced from Gao et al 2010

## D. ChemGPS-NP

ChemGPS-NP<sub>Web</sub> is a web-based public tool for navigation in biologically relevant chemical space. A chemical space map can be created applying similar principles as the Mercator convention in geography: Structures correspond to objects (e.g. cities) and rules correspond to dimensions (e.g. longitude and latitude).

ChemGPS-NP<sub>Web</sub> uses a total set of 35 descriptors (Figure 13). The first four PCAs are the most important ones, they explain 77% of the variance [Larsson et al. 2007].

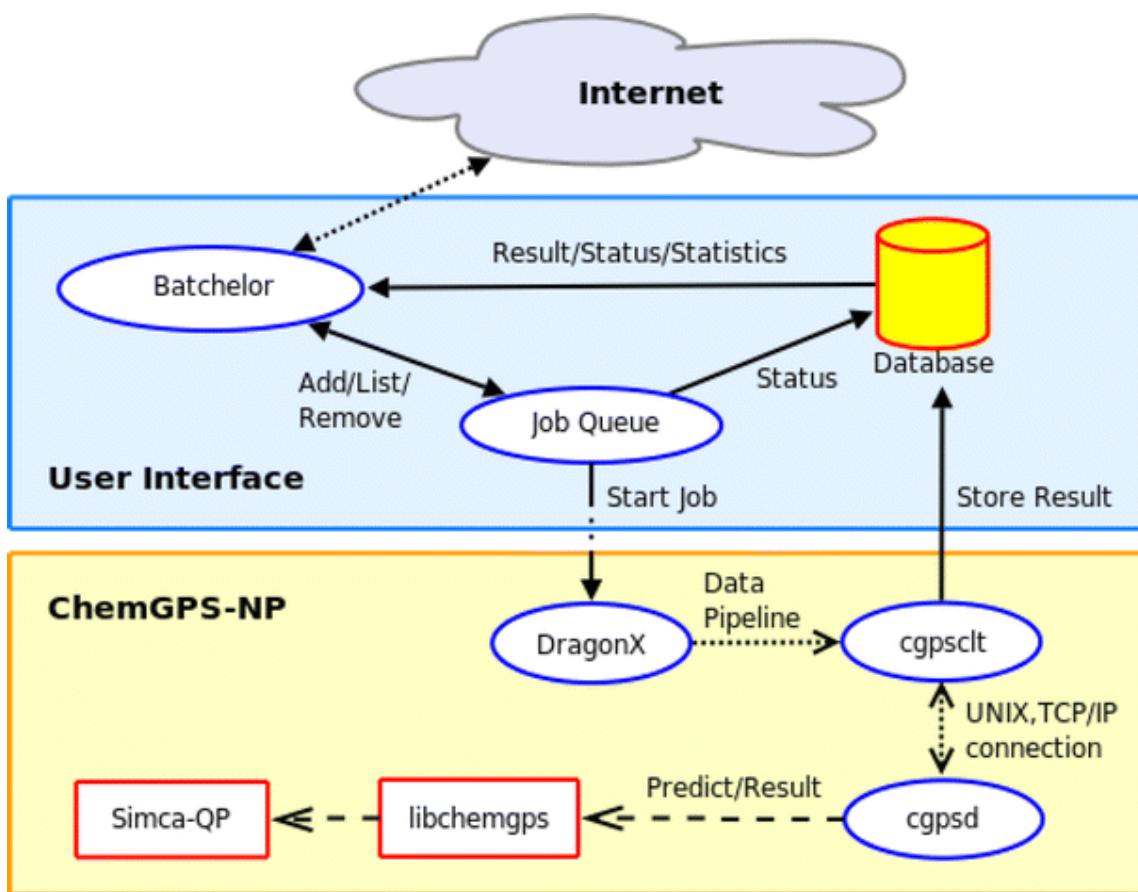
### Work-flow

ChemGPS-NP<sub>Web</sub> consists of different programs and libraries. The main three elements are DragonX for calculation of molecular descriptors, Simca-QP for multivariate data analysis, and the web interface Batchelor (Figure 14).

Structures are uploaded as SMILES-strings by the queue handler. First, an initial Perl script removes erroneous SMILES and the information about stereochemistry and isotopes. Then the SMILES are submitted to DragonX. 40 molecular descriptors from DragonX are used, out of which six are summarized into one descriptor (n\_amid). Altogether there is a final set of 35 descriptors. The resulting matrix is used as input data to the client cgpsclt that connects to the server cgpsd and starts Simca-QP. Simca-QP performs the PCA score prediction via the library libchemgps. The result (eight coordinates for each compound) is returned to the user. The coordinates can then be plotted by using any available software [Rosen et al. 2009].

number	abbreviation	description
1	MW	molecular weight
2	Sv	sum of atomic van der Waals volumes (scaled on C atom)
3	Se	sum of atomic Sanderson electro-negativities (scaled on C atom)
4	Sp	sum of atomic polarizabilites (scaled on C atom)
5	Mv	mean atomic van der Waals volume (scaled on C atom)
6	Me	mean atomic Sanderson electro-negativity (scaled on C atom)
7	nAT	number of atoms
8	nSK	number of non-hydrogen atoms
9	nBT	number of bonds
10	nBO	number of non-hydrogen bonds
11	nBM	number of multiple bonds
12	ARR	aromatic ratio
13	nCIC	number of rings
14	RBN	number of rotatable bonds
15	RBF	rotatable bond fraction
16	nDB	number of double bonds
17	nAB	number of aromatic bonds
18	nC	number of carbon atoms
19	nN	number of nitrogen atoms
20	nO	number of oxygen atoms
21	nX	number of halogens
22	nBnz	number of benzene-like rings
23	nCar	number of aromatic carbon atoms ( $sp^2$ )
24	n_amid	number of amides
25	nROH	number of aliphatic hydroxy groups
26	nArOH	number of aromatic hydroxy groups
27	nHDon	number of donor atoms for hydrogen bonds (N and O)
28	nHAcc	number of acceptor atoms for hydrogen bonds (N, O, and F)
29	Ui	unsaturation index
30	Hy	hydrophilic factor
31	AMR	Ghose—Crippen molar refractivity
32	TPSA(NO)	topological polar surface area using N and O
33	TPSA(Tot)	topological polar surface area using N, O, S, and P
34	ALOGP	Ghose—Crippen octanol—water partition coefficient
35	LAI	Lipinski alert index (drug-like index)

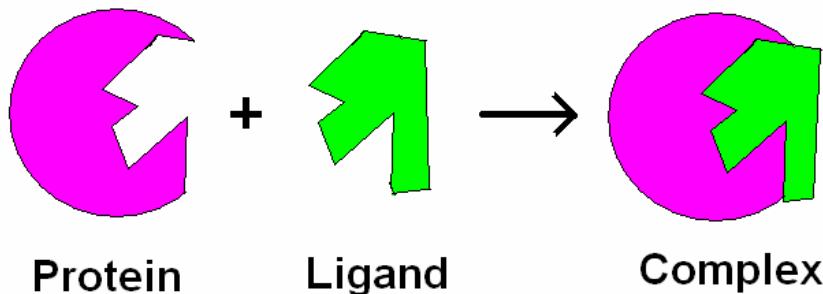
**Figure 13.** ChemGPS-NP descriptors, reproduced from Larsson et al. 2007



**Figure 14.** Interactions between the different elements of ChemGPS-NP<sub>Web</sub>, reproduced from Rosen et al. 2009

## E. Docking

Docking is a computational method to predict the docking pose for a compound in a binding site of another molecule. The ligand and the protein form a complex (Figure 15). It is also possible to dock big molecules like proteins into proteins.



**Figure 15.** Schema of complex formation

According to Leach et al. 2006, there are three main aims for docking studies:

1. To predict the binding mode of known active ligands.
2. Discovery of new ligands using virtual screening techniques.
3. To predict binding affinities of active compound in the binding site.

Today several algorithms are available for protein-ligand docking. Some of the programs are DOCK, FlexX, PRO\_LEADS and GOLD.

GOLD (Generic Optimization for Ligand Docking) is based on a genetic logarithm and is provided by GOLD Suite 5.1 (Verdonk et al. 2003). Similar to other docking programs, GOLD consists of three main parts:

1. The scoring function has the purpose to rank different binding modes.
  - GOLDScore is the original scoring function and includes aspects like hydrogen bonding energy, van der Waals energy, metal interaction and ligand torsion strain.
  - ChemScore includes the term  $dG$ , which represents the total free energy change that occurs on ligand binding.
  - ChemPLP uses Chemscore terms for hydrogen bonding and internal energy, and a piece-wise linear potential for hydrophobic and non-complementary interactions.

- ASP (Astex Statistical Potential) is based on atom-atom distance potential considering protein-ligand complexes from a database.
2. Mechanism for placing the ligand in the binding site: GOLD uses a method that is based on fitting points.

In general it is important that the algorithm considers flexibility of protein and ligand. However, because of speed issues, one of the bodies, e.g. protein or ligand, is often considered rigid.

    3. Search algorithm to explore possible binding modes, a genetic algorithm in GOLD [Verdonk et al. 2003]

## **IV. Material and Methods**

### **A. Sequence Alignment**

First of all a crystal structure of Ribonuclease A was required because of the aim of this study to discover new possible inhibitors of RNase A via structure-based design. However, at the moment a crystal structure of human RNase A has not been published yet. Furthermore the experimental testing on inhibition activity will be first carried out in mice before going on testing it on humans. For these reasons sequence alignment has to be done to find out if the human, murine and bovine Ribonuclease A proteins are comparable with each other.

The protein sequences of the three different species (human, bovine and murine) RNase A were aligned using ClustalW2 provided by EBI [Larkin et al. 2007] with default settings.

The human protein sequence of RNase A was also blasted against the Protein Data Base [Bernstein et al. 1977] in UniProt [UniProt ©2002-2013] to obtain the protein sequence identity.

**STEP 1 - Enter your input sequences**

Enter or paste a set of **Protein** sequences in any supported format:

```
>sp|P07998|RNAS1_HUMAN Ribonuclease pancreatic OS=Homo sapiens GN=RNASE1 PE=1 SV=4
MALEKSLVRLLLVLILLYLGWVQPSLGKESRAKKFQRQHMDSSPSSSTCNQMMRR
RNMTQGRCKPVNTFVHEPLVDVNVCFQEVTCKNGQGNCYKSNSSMHITDCRLTNGSRY
PNCAYRTSPKERHIIVACEGSPYVPVHFDASVEDST
>sp|P00683|RNAS1_MOUSE Ribonuclease pancreatic OS=Mus musculus GN=Rnase1 PE=1 SV=2
MGLEKSLILFPFLFLLLGVWVQPSLGRESAAQKFQRQHMDPDGSSINSPTYCNQMMKRRDM
TNGSCKPVNTFVHEPLADVQAVCSQENVTCKNRKSNCYKSSALHITDCHLKGNSKYPNC
DYKTTQYQKHHIVACEGNPYVPVHFDATV
```

Or, upload a file:  Keine Datei ausgewählt.

**STEP 2 - Set your Pairwise Alignment Options**

Alignment Type:  Slow  Fast

*The default settings will fulfill the needs of most users and, for that reason, are not visible.*

(Click here, if you want to view or change the default settings.)

**STEP 3 - Set your Multiple Sequence Alignment Options**

*The default settings will fulfill the needs of most users and, for that reason, are not visible.*

(Click here, if you want to view or change the default settings.)

**STEP 4 - Submit your job**

Be notified by email (Tick this box if you want to be notified by email when the results are available)

**Figure 16.** ClustalW2 web input form (Picture taken from [www.ebi.ac.uk/Tools/msa/clustalw2/](http://www.ebi.ac.uk/Tools/msa/clustalw2/))

## B. Database search

To generate the pharmacophore model a crystal structure of a complex of Ribonuclease A with an inhibitor was needed. In addition, the ChemGPS-NP method [Larsson et al. 2007] also required a database search for known antagonists. This task for was carried out by using the ChEMBL database [Gaulton et al. 2011], Protein Data Base (PDB) and PubMed [<http://www.ncbi.nlm.nih.gov/pubmed>].

## C. Pharmacophore Model and Screening

### Generation of Pharmacophore Model

To create a structure based pharmacophore model the crystal structure of bovine RNase A in complex with Thymidine-3-phosphate from PDB entry 3LXO was used. This complex made a good starting point for the pharmacophore creation as Thymidine-3-phosphate is described as a competitive inhibitor of Ribonuclease A, [Doucet et al. 2010] and the crystal structure possesses a good resolution of 1,7A.

First the ligand interactions were analyzed in MOE [Molecular Operating Environment Software 2012.10]. Then a three dimensional pharmacophore model was created by using the LigandScout program package of Inte:Ligand [Wolber, Langer 2005]. Five Hydrogen Bond Acceptor features, one Hydrogen Bond Donor feature and one ionizable area were included in the model. In addition to the chemical features exclusion volumes were added to achieve a more selective model.

### Screening a Commercial Database

To receive compounds for the future experimental testing a commercial database had to be screened. For this, the LifeChemicals database [[www.lifechemicals.com](http://www.lifechemicals.com)] containing 366000 compounds was screened with the generated Pharmacophore model using LigandScout.

## D. ChemGPS-NP

To analyze the chemical properties of the received hits from the pharmacophore screening and to compare them with each other and with the known inhibitors from literature, ChemGPS-NP [Larsson et al. 2007] was used.

The compounds found through the pharmacophore screening were converted into a list of SMILES (Simplified Molecular Input Line Entry Specification) using MOE. The inhibitors found in the literature were also converted into SMILES using Chemical Identifier Resolver [<http://cactus.nci.nih.gov/chemical/structure>]. Both SMILES lists were processed with ChemGPS-NP Web. The output consisted of eight dimensions of chemical properties for each compound. The first three PCA were plotted in a 3D- diagram using MOE. The main influence in PCA1 was size, in PCA2 aromaticity, and in PCA3 lipophilicity.

## E. Docking

The docking studies were performed with the genetic-algorithm based program GOLD (Genetic Optimization for Ligand Docking) provided by GOLD Suite 5.1 [Verdonk et al. 2003].

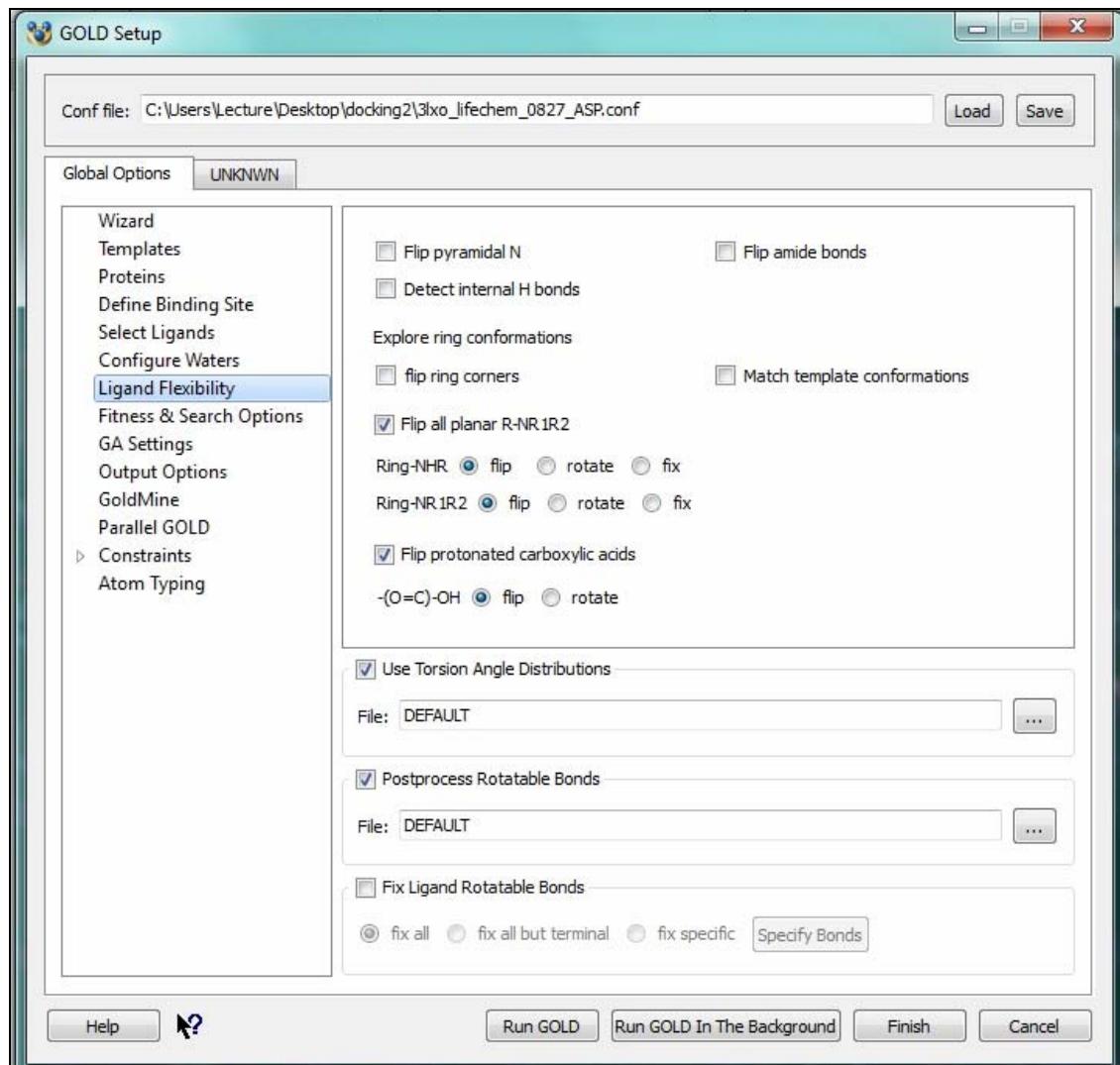
### Ligand and Protein Preparation

The compounds received from pharmacophore screening were analyzed concerning the Lipinski rule of five. The compounds that didn't fulfill the requirements were deleted from the dataset, in particular compounds with molecular weight over 500 and logP value over 5 [Lipinski et al. 1997].

The other compounds were further processed in MOE. First the function "Protonate 3D" was used to add hydrogen atoms and calculate the ionization states and partial charges with the default settings. Then energy minimisation was performed. Also the protein from the PDB entry 3LXO was prepared the same way, protonated and energy minimized with MOE.

## Docking workflow

In the next step the compounds were docked into the binding site that was defined with the Ligand T3P. Exact settings concerning ligand flexibility are shown in Fig 17.



**Figure 17.** Ligand flexibility settings

### Redocking - Validation of the method

To estimate the best suitable scoring function and to validate the method a redocking was performed.

The crystal structure of RNase A in complex with Thymidine-3-phosphate was used (PDB entry 3LXO). The ligand T3P was taken out of the structure of the complex, docked into the binding site, and scored with different functions:

- ChemScore
- GoldScore
- ASP (Astex Statistical Potential)
- ChemPLP (Piecewise Linear Potential)

The binding poses were analyzed and compared to the original binding pose from the PDB entry. The scoring function leading to the most similar binding pose was used for further scoring.

### Scoring

Based on the results from redocking the Astex Statistical Potential (ASP) was used as scoring function.

### Outcome Processing

The docking outcome complexes were exported from the GOLD output sdf file to an mdb file in MOE. There they were protonated and energy minimized.

# V. Results and Discussion

## A. Sequence Alignment

The human protein sequence of RNase A was blasted against PDB in Uniprot (Figure 18). The protein sequences of human, mouse and bovine RNase A were also aligned using ClustalW2. Figure 19 shows the results of the alignment.

As you can see the protein sequences of mouse and bovine RNase A show 69% and 70% identity to the human protein. This makes the crystal structure of the murine Ribonuclease A a good starting point for identification of inhibitors that are very likely to inhibit the human Ribonuclease as well.

	Alignments	Entry	Entry name	Status	Protein names	...>	Organism	Length	Identity
<input type="checkbox"/>	  P07998	RNAS1_HUMAN		Ribonuclease pancreatic	Homo sapiens (Human)		156	100.0%	
<input type="checkbox"/>	  P00683	RNAS1_MOUSE		Ribonuclease pancreatic	Mus musculus (Mouse)		149	69.0%	
<input type="checkbox"/>	  P61823	RNAS1_BOVIN		Ribonuclease pancreatic	Bos taurus (Bovine)		150	70.0%	

**Figure 18.** BLAST in Uniprot results

## Results for job clustalw2-l20130902-130745-0267-95136762-pg

Alignments Result Summary Guide Tree Phylogenetic Tree Submission Details

Download Alignment File Hide Colors Send to ClustalW2\_Phylogeny

CLUSTAL 2.1 multiple sequence alignment

sp P07998 RNAS1_HUMAN	MALEKSLVRLLLLVLILLVLGVWQPSLGKESRAKKFQRQHMDSDSSPSSS	50
sp P00683 RNAS1_MOUSE	MGLEKSLI---LFPLFLLLGVWQPSLGRESAAQKFQRQHMDPDGSSINS	47
sp P61823 RNAS1_BOVIN	MAL-KSLVLLSLLVLVLLLV-RVQPSLGKETAAAKFERQHMDSTSASS	48
	*** * : * * : * : * : * : * : * : * : * : * : * : * : *	
sp P07998 RNAS1_HUMAN	STYCNQMMRRRNMTQGRCKPVNTFVHEPLVDVQNVCFCQEKTCKNGQGNC	100
sp P00683 RNAS1_MOUSE	PTYCNQMMKRRDMTNGSKPKVNTFVHEPLADVQAVCSQENVTCKNRKSNC	97
sp P61823 RNAS1_BOVIN	SNYCNQMMKSRNLTKDRCKPVNTFVHESLADVQAVCSQKNVACKNGQTN	98
	***** : * : * : * : * : * : * : * : * : * : * : * : * : *	
sp P07998 RNAS1_HUMAN	YKSNSSSMHITDCRLTNGSRYPNCAVRTSPKERHIIVACEGSPYVPVHFDA	150
sp P00683 RNAS1_MOUSE	YKSSSALHITDCHLKGNISKYPNCDYKTTQYQKHIIVACEGNPYVPVHFDA	147
sp P61823 RNAS1_BOVIN	YQSYSITMSITDCRETGSSKYPNCAVYKTTQANKHIVACEGNPYVPVHFDA	148
	*** * : * : * : * : * : * : * : * : * : * : * : * : * : * : *	
sp P07998 RNAS1_HUMAN	<b>SVEDST</b> 156	
sp P00683 RNAS1_MOUSE	<b>TV</b> ---- 149	
sp P61823 RNAS1_BOVIN	<b>SV</b> ---- 150	
	: *	

Residue	Colour	Property
AVFPMILW	RED	Small (small+ hydrophobic (incl.aromatic -Y))
DE	BLUE	Acidic
RK	MAGENTA	Basic - H
STYHCNGQ	GREEN	Hydroxyl + sulfhydryl + amine + G
Others	Grey	Unusual amino/imino acids etc

An \* (asterisk) indicates positions which have a single, fully conserved residue.

A : (colon) indicates conservation between groups of strongly similar properties - scoring > 0.5 in the Gonnet PAM 250 matrix.

A . (period) indicates conservation between groups of weakly similar properties - scoring =< 0.5 in the Gonnet PAM 250 matrix.

**Figure 19.** Sequence alignment results with ClustalW2

## B. Database Search

The next step was to search for already known and tested inhibitors for Ribonuclease A.

This was first carried out in the ChEMBL database and PDB. Because of the few compounds found in these databases the search had to be expanded to PubMed articles.

Finally 25 inhibitors could be identified for further use. Most of the published inhibitors are nucleosides, but there are also a few studies showing polyphenols (for example from green tea) acting as inhibitors. However, there is not much information available on this topic yet.

In Table 1 you can see the list of the inhibitors from literature and their SMILES code.

**Table 1:** Inhibitors and their SMILES

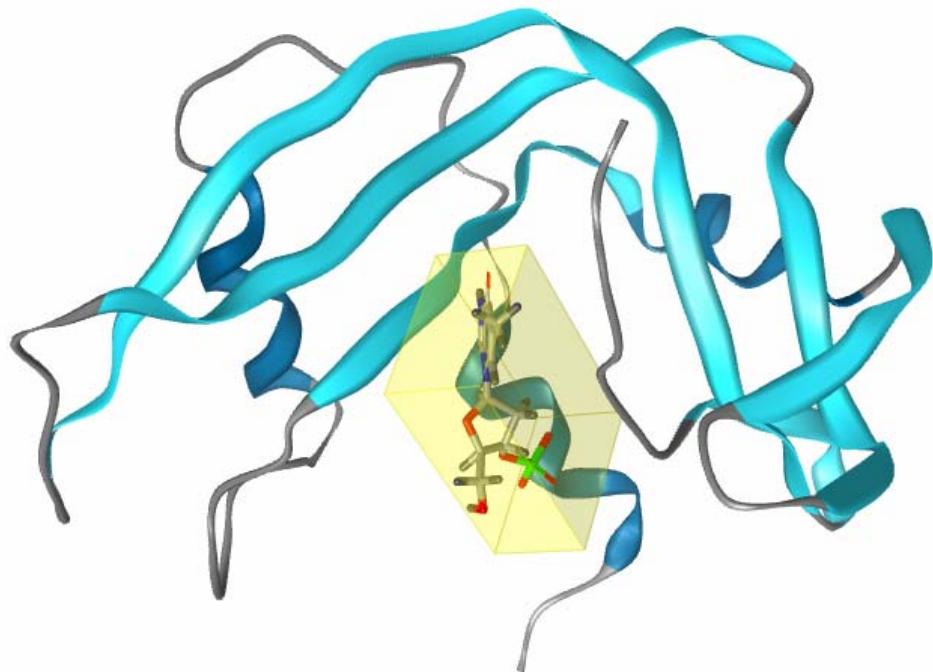
[P](=O)(O)(O)[C@H]1[C@H](O[C@H](C1)N2C=C(C(NC2=O)=O)C)CO	Thymidine-3'-monophosphate
[P](=O)(O)(O)[C@H]1[C@H](O[C@H]([C@@H]1O)N2C=CC(=NC2=O)N)CO	Cytidine 3'-phosphate
C(C1=CC=CC=C1)(=O)O[C@H]2C[C@@H](O[C@@H]2CO)N3C=C(C(NC3=O)=O)C	3'-O-Benzoylthymidine
C(C)(=O)O[C@H]1[C@H](O[C@H](C1)N2C=C(C(NC2=O)=O)C)CO	3'-O-Acetylthymidine
[P](=O)(O)(O)OC[C@H]1O[C@H]([C@@H]([C@@H]1O)N2C=CC(=NC2=O)=O	Uridine 5'-phosphate (U5P)
C1=NC2=C(C(=N1)O)N=CN2[C@H]3[C@@H]([C@@H]([C@H](O3)COP(=O)(O)O)O	Inosinic acid
[C@@H]1(OC3=C(C[C@H]1OC(=O)C2=CC(=C(O)C(=C2)O)O)C(=CC(=C3)O)O)C4=CC(=C(O)C(=C4)O)O	(-)Epicatechin gallate (->Polyphenol)
[C@@H]1(OC3=C(C[C@H]1OC(=O)C2=CC(=C(O)C(=C2)O)O)C(=CC(=C3)O)O)C4=CC(=C(O)C(=C4)O)O	(-)Epigallocatechin gallate (->Polyphenol)
O=P(=O)(O)OP(=O)(O)OC[C@H]3O[C@H](n2cnc1c(ncnc12N)[C@H](O)[C@@H]3OP(=O)(O)O	5'-Diphosphoadenosine 3'-phosphate
[P](=O)(O)(O)[C@H]1[C@H](O[C@H]([C@@H]1O)N2C=CC(=NC2=O)=O)CO	3'-[(Carboxycarbonyl)amino]-2',3'-dideoxy-3,4-dihydrothymidine
c1c(nnn1[C@H]2[C@@H]([C@@H]([C@H](O2)CO)O)O)Cn3cc(c=O)[nH]c3=O)Br	5-Bromo-2,4-dioxo-1-{{[1-(β-D-ribofuranosyl)-1H-1,2,3-triazol-4-yl]methyl}-1,2,3,4-tetrahydropyrimidine}
[P](=O)(O)(O)[C@H]1[C@H](O[C@H]([C@@H]1O)N2C=CC(=NC2=O)=O)CO	Uridine 3'-monophosphate
Nc1ncnc2n(cnc12)[C@@H]1O[C@H](COP(=O)(O)O)[C@@H]1O	Adenosine-3',5'-bismonophosphate

<chem>OC[C@H]1O[C@H]([C@H](OP(O)(O)=O)[C@@H]1O)n1ccc(=O)[nH]c1=O</chem>	5'-Diphosphoadenosine 2'-phosphate
<chem>OC[C@H]1O[C@H]([C@H](O)[C@@H]1OP(O)(O)=O)n1ccc(=O)[nH]c1=O</chem>	Adenosine-5'-diphosphate
<chem>Nc1ncnc2n(cnc12)[C@@H]1O[C@H](COP(O)(O)=O)[C@@H](O)[C@H]1OP(O)(O)=O</chem>	Adenosine-3-5'-diphosphate
<chem>Cc1cn(c(=O)[nH]c1=O)[C@H]2C[C@@H]([C@H](O2)CO)NC(=O)C(=O)O</chem>	Uridine 2'-monophosphate
<chem>[P](=O)(O)(O)O[C@@H]1[C@H](O[C@H]([C@@H]1O)[N]2C3=C(N=C2)C(=NC=N3)N)C(O)[P](=O)(O)O[P](=O)(O)O</chem>	3'-Uridinemonophosphate
<chem>OC[C@H]1O[C@H]([C@H](F)[C@@H]1OP(O)(O)=O)n1ccc(=O)[nH]c1=O</chem>	Adenosine-2-5'-diphosphate
<chem>OC[C@H]1O[C@H]([C@@H](O)[C@@H]1OP(O)(O)=O)n1ccc(=O)[nH]c1=O</chem>	1-(3-O-Phosphono- $\beta$ -D-arabinofuranosyl)-2,4(1H,3H)-pyrimidinedione
<chem>OC[C@H]1O[C@H](C[C@@H]1OP(O)(O)=O)n1ccc(=O)[nH]c1=O</chem>	2'-Fluoro-2'-deoxyuridine 3'-monophosphate
<chem>Nc1ncnc2n(cnc12)[C@@H]1O[C@H](CO[P@@](O)(=O)O[C@H]2C[C@@H](O[C@H]2COP(O)(O)=O)n2ccc(=O)[nH]c2=O)[C@@H](OP(O)(O)=O)[C@H]1O</chem>	Uracil arabinose-3'-phosphate
<chem>[P](=O)(O)(O)O[C@@H]1[C@H](O[C@H]([C@@H]1F)N2C=CC(NC2=O)=O)CO</chem>	2'-Deoxyuridine 3'-monophosphate
<chem>Nc1ncnc2n(cnc12)[C@@H]1O[C@H](CO[P@@](O)(=O)OP(O)(O)=O)[C@@H](O)[C@H]1O</chem>	5'-Phospho-2'-deoxyuridine-3'-pyrophosphate adenosine 3'phosphate
<chem>[C@@H]1(O)[C@H](O)[C@H](O[C@H]1[N]2C3=C(N=C2)C(=O)N=CN3)CO[P](O)(O)=O</chem>	Uridine 5'-diphosphate (UDP)

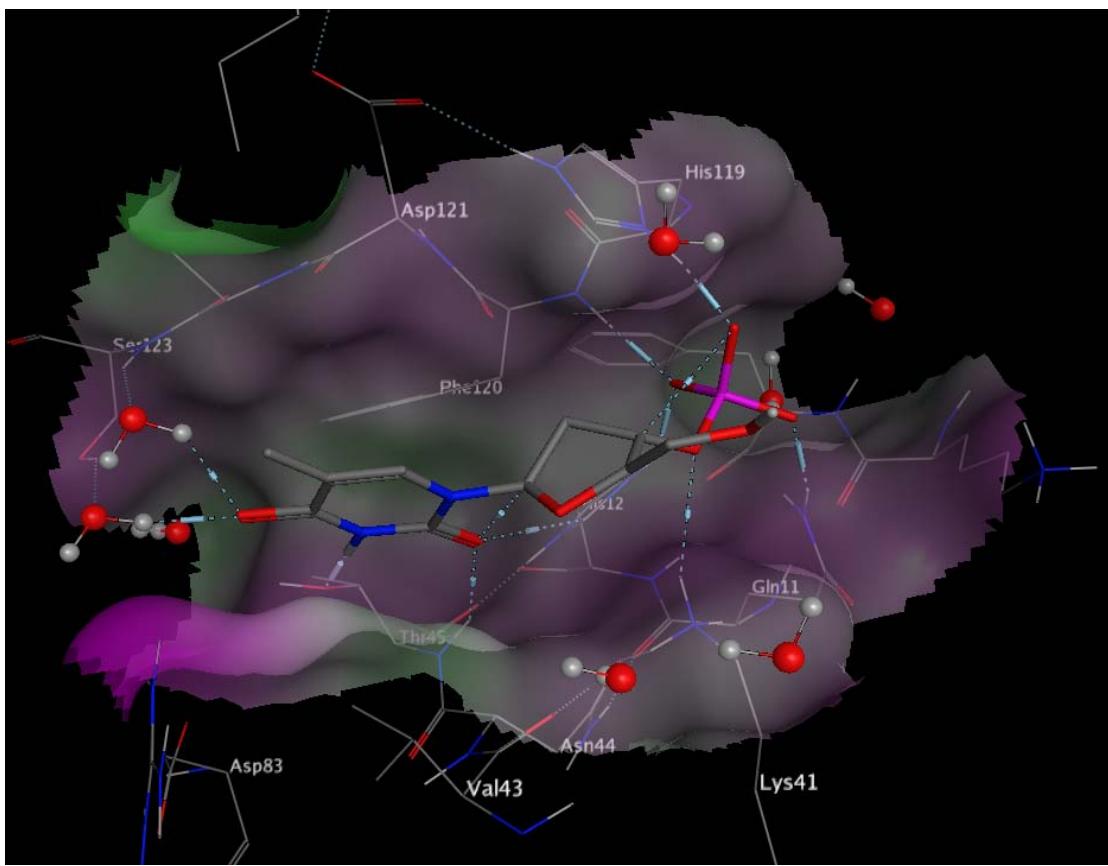
## C. Pharmacophore Model and Screening

### Generation of a structure based Pharmacophore Model

From the compounds found through database search the crystal structure of Thymidine-3-monophosphate with murine Ribonuclease A (PDB entry 3LXO) was selected for the generation of the pharmacophore model. This complex was taken because of the good resolution of the crystal structure (1,7). Thymidine-3-monophosphate is described as a competitive inhibitor of Ribonuclease A [Doucet et al. 2010]. The overview of the complex is shown in Figure 20. In Figure 21 you can see Thymidine-3-monophosphate in the isolated binding site of Ribonuclease A.

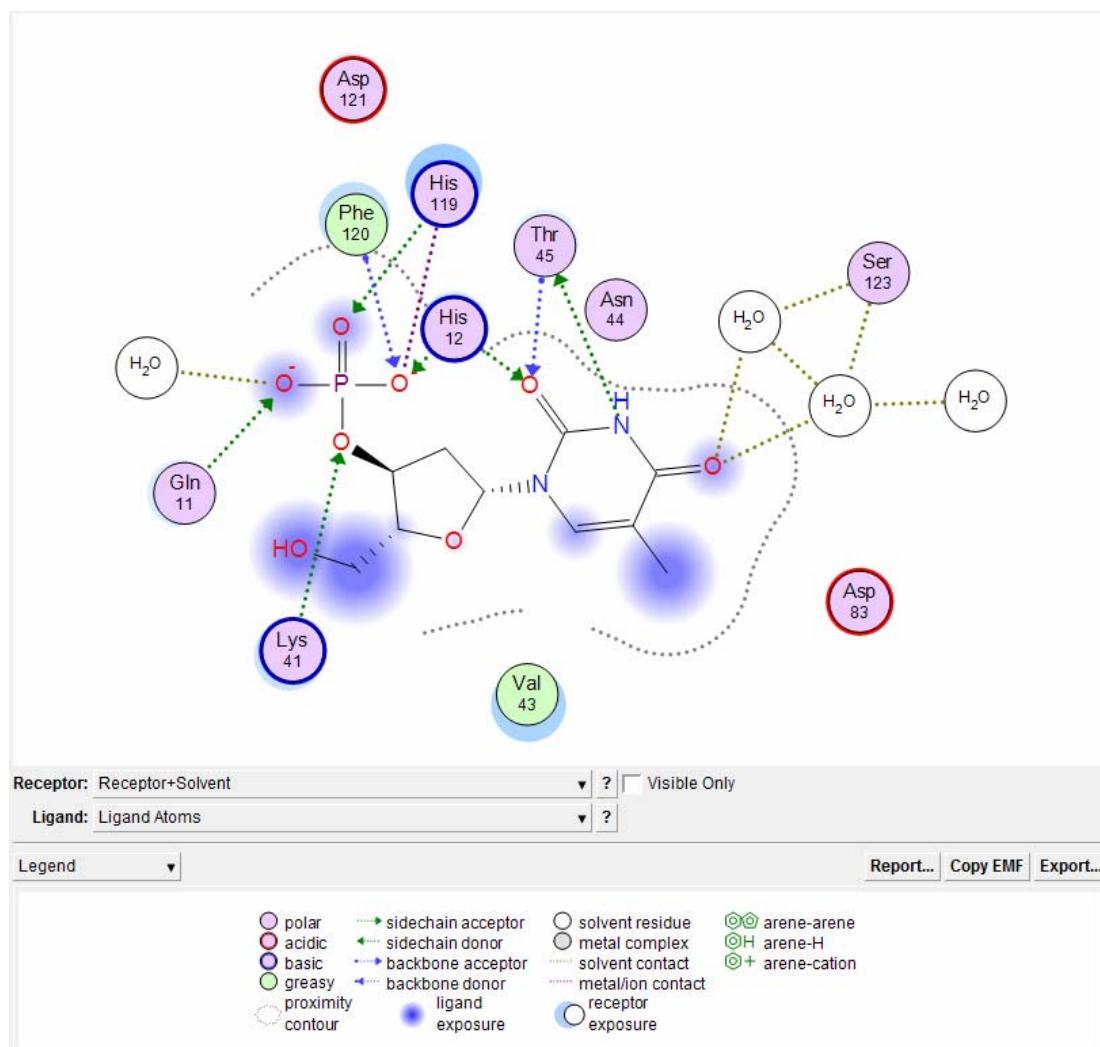


**Figure 20.** Overview of the complex of Ribonuclease A and Thymidine-3-monophosphate.

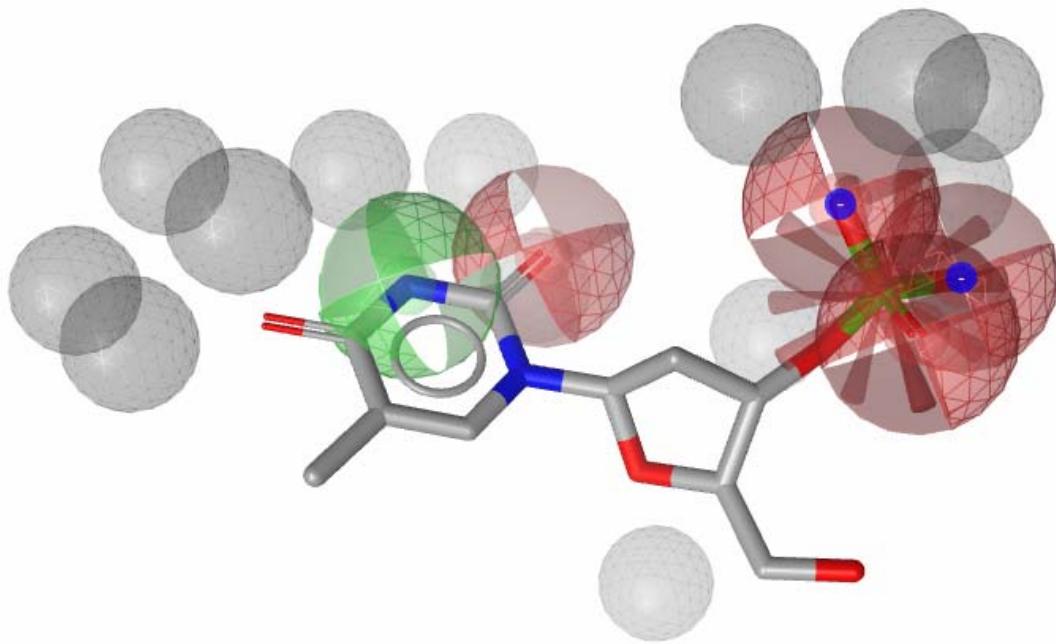


**Figure 21.** Isolated binding site of Ribonuclease A in complex with Thymidine-3-monophosphate. The surface of the binding site is coloured as following: green represents the lipophilic features, pink the hydrophilic.

Figure 22 represents the exact interactions of the ligand with the protein. Based on these interactions a structure based pharmacophore model was generated using Ligand Scout (Wolber, Langer, 2005). The model, which is shown in Figure 23, is composed of a total of 6 features. The area around the phosphate was defined as negative ionizable feature. As the nitrogen atom is capable to act as a hydrogen donor for Thr 45, a donor feature was placed there. The oxygens from the phosphate and amide moiety are capable of accepting hydrogen bonds, so four acceptor features were considered there. In addition, 12 exclusion volumes were added in order to define the shape of the binding site.



**Figure 22.** Ligand interactions shown in 2D plot, T3P in binding site of RNase A



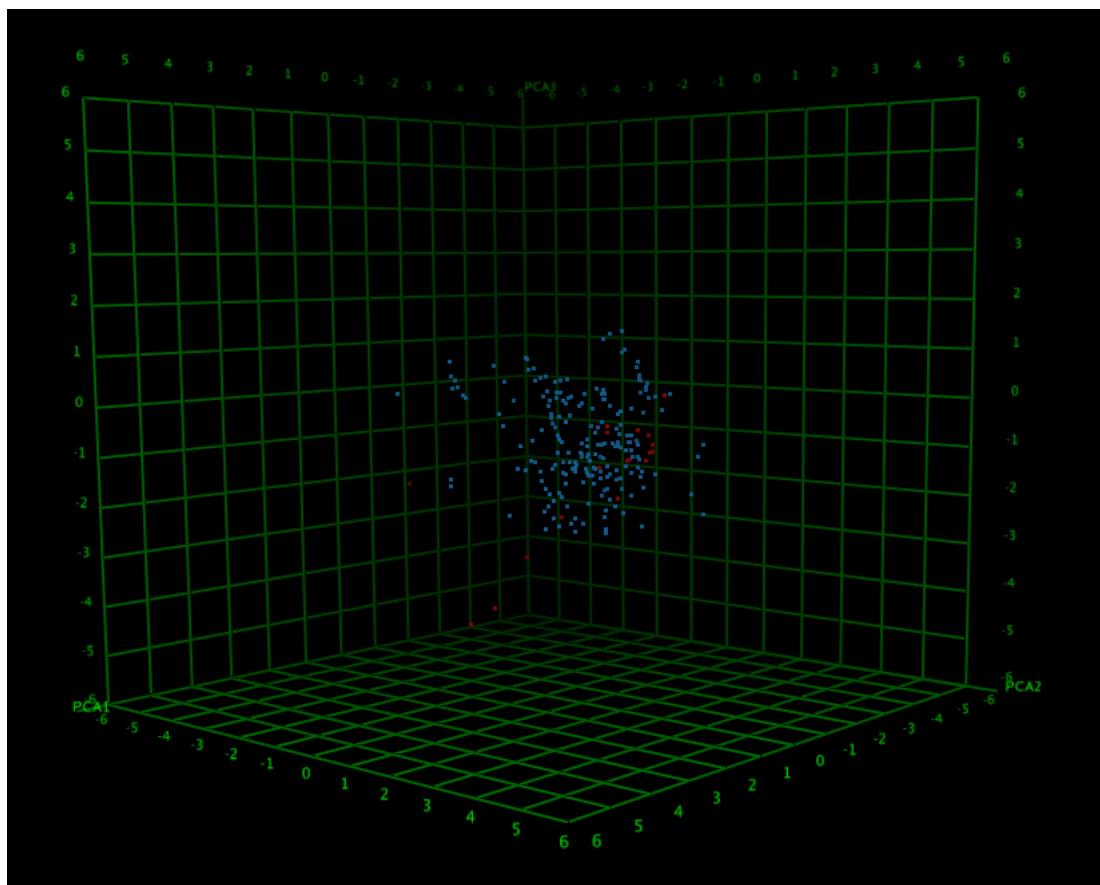
**Figure 23.** Illustration of the pharmacophore model. The green sphere represents the hydrogen bond donor feature, red spheres represent the hydrogen bond acceptor features. The negative ionizable area is shown through red circular bars. The exclusion volumes are represented by grey spheres.

#### Screening a Commercial Database

The pharmacophore model was used to screen the LifeChemicals database [Life Chemicals Inc. 2003-2013]. The screening led to identification of 208 compounds. The compounds were further analyzed concerning the Lipinski rule of five. The log P values, the numbers of hydrogen bond acceptors and donors, and the molecular mass were calculated and evaluated. Fifteen compounds did not fulfill the requirements and were excluded from the hit list for the docking experiment. The hits are shown in Annex A.

## D. ChemGPS-NP

The compounds found through pharmacophore screening were further analyzed with ChemGPS-NP<sub>Web</sub> [Rosen et al. 2009]. The hits were compared to the 25 known inhibitors from literature (see section V. B. Results: Database search). For each compound the prediction scores were calculated. The most significant dimensions (the first three of eight) were plotted in a 3D-diagram using MOE [Molecular Operating Environment, 2012.10], see Figure 24.



**Figure 24.** ChemGPS-NP mapping (three first dimensions). Main influence in PCA1 is size, in PCA2 aromaticity and in PCA3 lipophilicity. Blue represents the hit compounds from pharmacophore screening, red represents the reference inhibitors from database search.

What the diagram tells us, is that the physico-chemical properties of the hits from screening and the reference inhibitors are overlapping and are localized in one sector of chemical space, at least in the first three dimensions. There are two outliers that are set aside by a higher prediction score in PCA 1 and a lower prediction score in PCA 3. However, these compounds are two polyphenols. That explains why their physico-chemical properties are different compared to the hit compounds that were found based on a pharmacophore model from a nucleoside. The detailed results – all coordinates of PCA1-PCA 3, are shown in Table 2.

**Table 2. ChemGPS Results: Coordinates of PCA1 – PCA3**

MOL	PCA1	PCA2	PCA3	MOL	PCA1	PCA2	PCA3
1	-0,84976	0,753497	0,155294	44	-1,70831	1,120705	-1,366795
2	-1,530664	-0,999319	-1,289755	45	0,030075	0,832019	-1,20632
3	-1,015383	-0,93725	-2,718328	46	1,65926	2,083202	0,763419
4	-1,289744	-1,187465	-0,931961	47	0,675713	1,83306	0,454559
5	1,08266	-0,151633	-1,64872	48	2,037822	0,264054	-0,557001
6	-2,155506	1,243638	-1,10647	49	-0,670518	0,673825	0,335133
7	-0,380016	3,252753	0,760047	50	-0,837637	0,617328	0,152168
8	-0,168353	2,286296	0,209794	51	-0,41269	-1,504986	-3,948118
9	-1,193897	0,748834	-0,203209	52	0,216058	0,393064	-1,779172
10	-0,519743	0,901522	-0,868427	53	3,033115	1,544607	1,092308
11	-1,498361	-0,892788	-1,320923	54	3,205526	1,406087	1,591341
12	-1,472081	-1,053408	-1,701027	55	3,23848	1,408222	1,215014
13	-1,74007	-0,913367	-1,511952	56	3,06668	1,56909	1,28459
14	-1,910016	-0,820836	-1,74896	57	4,37006	2,644889	2,047089
15	-0,878197	-1,402339	-0,429766	58	2,500085	0,152105	0,18069
16	-0,519743	0,901522	-0,868427	59	0,077403	2,165591	0,726682
17	-0,523633	0,681811	-0,651345	60	0,044144	2,20996	0,679027
18	-1,469407	-0,959569	-1,340551	61	-0,737297	0,397102	0,006373
19	-1,50381	-0,890198	-1,316962	62	0,986502	3,102018	0,866463
20	-1,297246	-0,988938	-1,168987	63	0,129439	1,778741	0,762668
21	-1,250739	3,131999	-0,477887	64	-0,841101	1,142902	-1,312595
22	0,996093	0,507085	0,317345	65	-0,753659	1,195579	-1,358362
23	0,823353	0,578811	0,070842	66	-0,999041	1,06581	-0,612246
24	1,175243	0,42386	0,476674	67	0,812366	0,36105	-1,979873
25	1,175237	0,421431	0,465648	68	0,808162	0,676354	-0,400872
26	1,35223	0,373383	0,631145	69	0,516508	0,67159	0,168601
27	1,015994	0,515064	-0,123817	70	0,376543	0,285687	-0,374529
28	2,826184	1,645136	0,946706	71	0,545009	1,564138	-0,722182
29	1,202753	0,394281	0,141203	72	-0,470803	0,784555	-2,176078
30	2,864619	1,696821	1,070035	73	-0,384561	0,629151	-1,876169
31	2,277189	0,063196	-0,287838	74	0,049738	0,384994	-1,774015
32	1,830884	1,824788	0,799376	75	-0,7846	0,27623	-2,672906
33	3,229384	1,502148	1,013751	76	-0,378319	0,831996	-2,282135
34	2,531232	4,215555	1,543781	77	-0,24794	0,126231	-2,043075
35	2,567757	4,038863	1,534601	78	-0,137208	3,130759	0,270415
36	-1,83418	1,382572	-1,339366	79	-1,281668	1,735207	-0,519681
37	-0,767967	1,356945	-1,46162	80	1,410344	0,294557	0,288899
38	-2,81642	-0,661319	-2,747173	81	1,383411	0,330212	0,646536
39	0,041554	4,128739	0,563105	82	0,439321	2,908473	0,363892
40	-3,073197	1,099438	-1,716742	83	0,258572	3,003192	0,175017
41	-0,193725	2,090257	0,97581	84	0,272694	3,201592	0,07664
42	-0,312475	2,43453	-1,188911	85	-0,566145	1,771247	-0,305674
43	-1,267111	-1,19685	-1,42744	86	-0,327176	0,390583	-0,485587

MOL	PCA1	PCA2	PCA3
87	-1,197977	0,67418	-0,544088
88	-0,363489	1,633975	-0,037369
89	-0,118441	0,264515	-0,285176
90	0,062213	1,981866	0,370108
91	-0,117726	2,070925	0,182528
92	-1,721426	1,088582	-0,946762
93	-0,88427	2,025618	-0,43042
94	-0,350166	2,325995	0,140892
95	-0,560817	2,473917	-0,059803
96	-0,640532	0,592264	-0,598862
97	-0,536601	2,481352	-0,05113
98	-0,88427	2,025618	-0,43042
99	-0,671247	2,639289	-0,433076
100	-3,013551	-0,63086	-2,378834
101	-3,261984	0,890195	-2,486406
102	-1,365135	0,233135	-1,851724
103	-1,008494	2,483396	-0,898477
104	0,162011	0,855255	-0,202035
105	0,334718	0,75168	0,046796
106	0,966176	0,290737	-0,907474
107	-0,850954	0,174516	-1,222572
108	-0,284328	1,623466	-0,286833
109	-2,179235	-0,939801	-1,444878
110	-0,106986	0,560826	-0,207176
111	-0,017189	0,585718	-0,248588
112	0,506565	0,293577	0,05902
113	0,247205	0,414213	0,228532
114	0,958029	0,204439	0,056191
115	-1,325219	-0,949126	-1,484766
116	0,703602	0,212246	-0,064499
117	-0,337158	-1,297379	-0,542109
118	-1,312366	-1,000703	-1,087174
119	0,942993	0,232838	-0,545635
120	0,506565	0,293577	0,05902
121	-0,568861	-1,182857	-0,274273
122	0,521973	0,402097	-0,130075
123	-0,875804	-1,093646	-0,64423
124	0,659945	0,438916	-0,239225
125	0,18989	0,480825	-0,110323
126	-0,932549	-1,177588	-0,656387
127	0,340628	0,590794	-0,177863
128	0,935095	0,328057	-0,998632
129	0,703602	0,212246	-0,064499

MOL	PCA1	PCA2	PCA3
130	0,942993	0,232838	-0,545635
131	-0,665664	1,035257	-1,055622
132	-1,595687	0,78694	0,002705
133	-0,626343	1,954973	0,282059
134	-1,342336	0,979162	0,106016
135	-0,54326	1,99767	-0,43476
136	-1,13728	0,7939	-0,670503
137	-1,329998	0,660087	-0,82793
138	-0,323079	2,367566	0,052146
139	-0,313678	2,204885	0,124174
140	-0,736419	1,887379	-0,356511
141	-1,352527	2,530839	-0,564992
142	-1,062072	2,7577	-1,024927
143	-0,611171	1,860773	-0,583063
144	0,894733	2,096336	-0,081913
145	1,329197	3,503179	0,101369
146	0,867365	1,948447	-0,491286
147	-0,60923	0,8099	-0,94853
148	-0,261436	0,555455	-0,779933
149	-1,513906	2,415802	-0,857257
150	-0,254327	2,326944	0,076508
151	0,036916	3,36037	0,398084
152	-0,705326	2,483712	0,300745
153	-0,710523	2,442447	0,141234
154	-0,917594	2,6376	0,093667
155	-1,238453	2,892228	-0,26326
156	0,217056	3,264834	0,584905
157	-1,929506	2,272327	-1,322895
158	-1,121719	1,992836	-0,157306
159	0,782189	3,049787	0,790058
160	-0,771754	1,841912	-0,037448
161	-0,538135	1,714338	-0,210652
162	-0,755362	2,072771	-0,137074
163	-0,771754	1,841912	-0,037448
164	0,778794	2,664336	0,592569
165	1,093631	2,451994	0,706516
166	-1,23901	-1,116766	-2,169864
167	0,880228	2,078239	0,452936
168	-0,764663	0,959033	-0,732599
169	-0,401557	3,126929	-0,2679
170	0,352888	1,755873	-0,187053
171	-1,054768	1,999057	-1,002854
172	-0,039684	3,461987	-0,124398

### Reference Inhibitors from literature

MOL	PCA1	PCA2	PCA3
173	-1,267378	-1,09514	-0,997782
174	-0,516967	-0,093703	-0,760932
175	-0,709722	0,017763	-0,815198
176	-0,333482	3,086867	-0,648126
177	-0,55035	0,995156	-0,439316
178	0,836976	0,628703	-0,253626
179	-0,311384	3,201009	-0,328728
180	-0,972672	0,769781	-1,022012
181	-1,305799	0,522471	-1,140558
182	-1,431269	0,647685	-0,831412
183	-1,606899	0,744561	-0,973413
184	-1,344271	0,946004	-0,894074
185	0,120191	2,284131	-0,946048
186	-1,486371	0,907979	-1,092336
187	-1,014871	0,828276	-1,782713
188	-1,45712	0,931709	-0,915294
189	-1,607697	0,938289	-1,314897
190	-1,332129	1,080013	-1,912588
191	-1,389956	0,813989	-0,818398
192	-0,186937	2,584214	-0,885136
193	-1,791702	1,23457	-1,10402
194	-0,346216	2,248436	0,111615
195	-1,337587	1,186207	-1,051775
196	-0,051022	2,43037	0,054519
197	-1,098036	0,911106	-0,83823
198	-1,047821	0,750931	-0,929185
199	0,205111	3,169027	-0,265926
200	-0,034725	2,499231	0,17342
201	-1,445617	1,165099	-1,214569
202	-1,148228	0,858366	-0,918006
203	0,444583	3,134696	-0,161868
204	0,308641	2,399958	0,130779
205	-0,209172	0,794752	-0,854146
206	-0,749934	0,614795	0,129416
207	0,190395	2,465468	-0,404263
208	-0,938453	0,957618	-1,679628

MOL	PCA1	PCA2	PCA3
1	-1,261027	-1,293171	-2,947422
2	-0,41269	-1,504986	-3,948118
3	-0,739898	0,564653	-0,727449
4	-1,973222	-1,075141	-1,638865
5	-1,026708	-1,390621	-3,763394
6	0,590169	-1,719376	-4,418005
7	1,984708	4,158894	-1,681825
8	2,837957	4,152544	-2,220777
9	-0,016935	-1,257944	-2,939174
10	-1,026708	-1,390621	-3,763394
11	2,777355	-0,274119	-5,530574
12	2,777355	-0,274119	-5,530574
13	1,538824	-0,522412	-4,550096
14	-0,488243	-1,490138	-3,889643
15	-0,488243	-1,490138	-3,889643
16	1,538824	-0,522412	-4,550096
17	-0,983263	-1,233567	-2,757886
18	2,777355	-0,274119	-5,530574
19	-1,248947	-1,204745	-3,338929
20	-0,488243	-1,490138	-3,889643
21	-1,337026	-1,298785	-3,222661
22	7,112151	-1,871694	-5,537524
23	-1,343671	-1,167648	-3,241688
24	1,538824	-0,522412	-4,550096
25	-0,434203	-0,234722	-3,525882

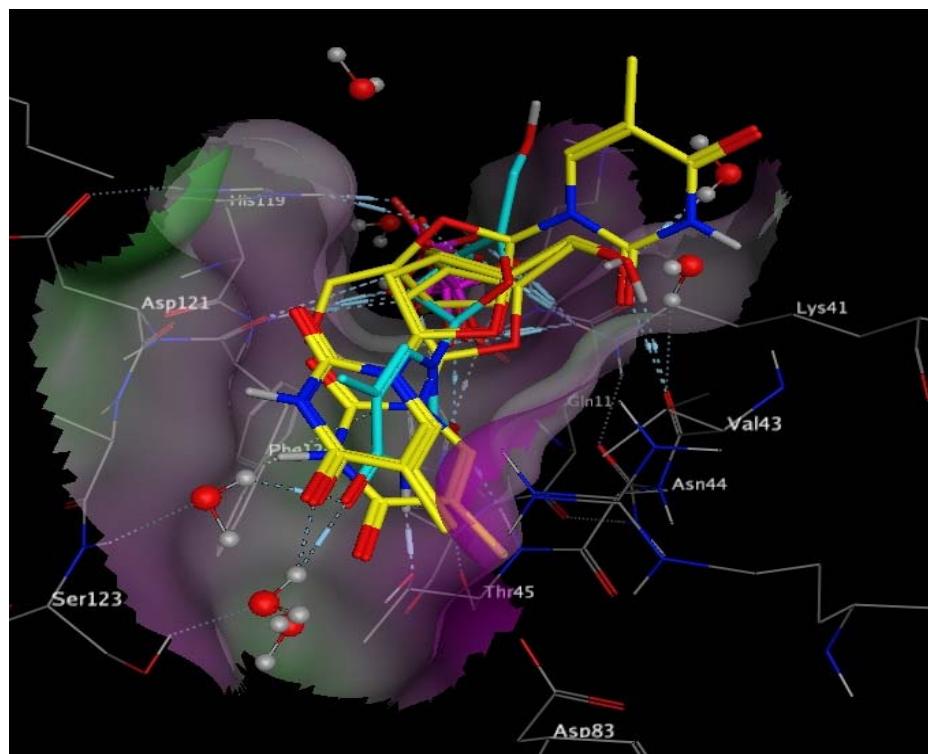
## E. Docking

The docking was performed with the software GOLD Suite 5.1 [Verdonk et al. 2003]. The detailed workflow is described in the methods section. To estimate the best scoring function a redocking was performed.

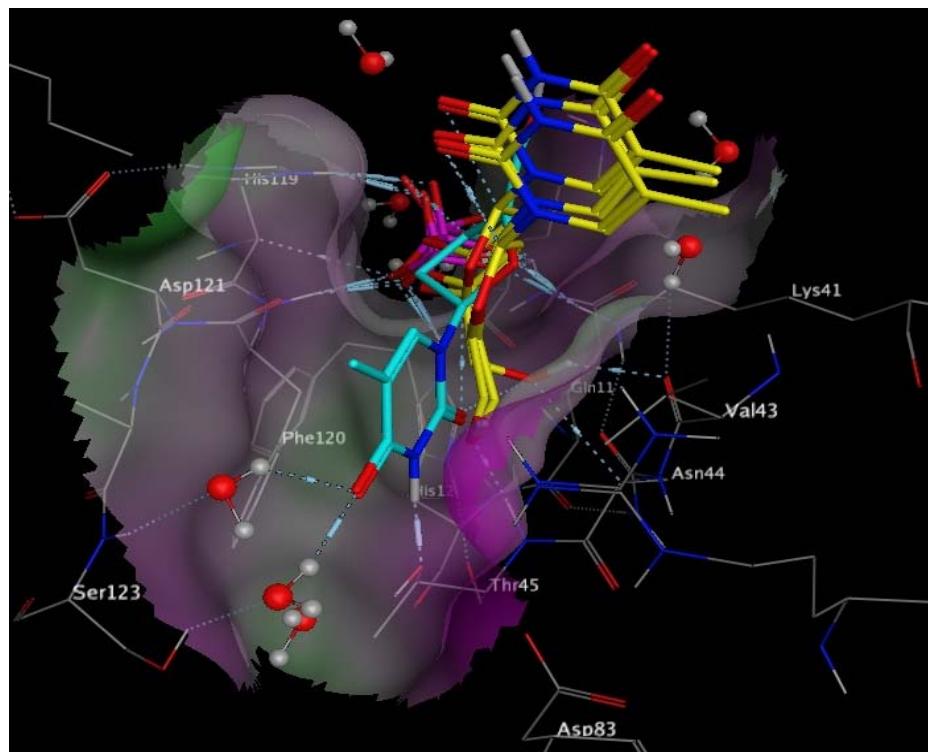
### Redocking

For validation of the method, the ligand Thymidine-3-monophosphate was taken out of the crystal structure from the complex with Ribonuclease A, PDB entry 3LX), docked into the binding site and scored with different functions. The binding poses were analyzed and compared to the original binding pose from the PDB entry.

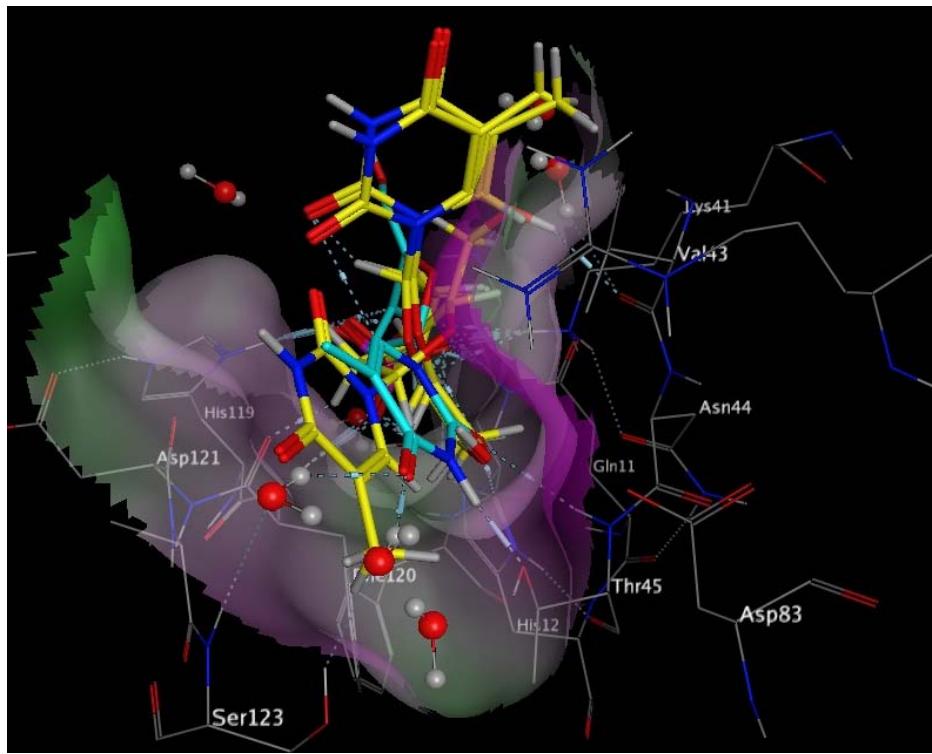
- GoldScore, see Figure 25
- ChemScore, see Figure 26
- ChemPLP (Piecewise Linear Potential), see Figure 27
- ASP (Astex Statistical Potential), see Figure 28



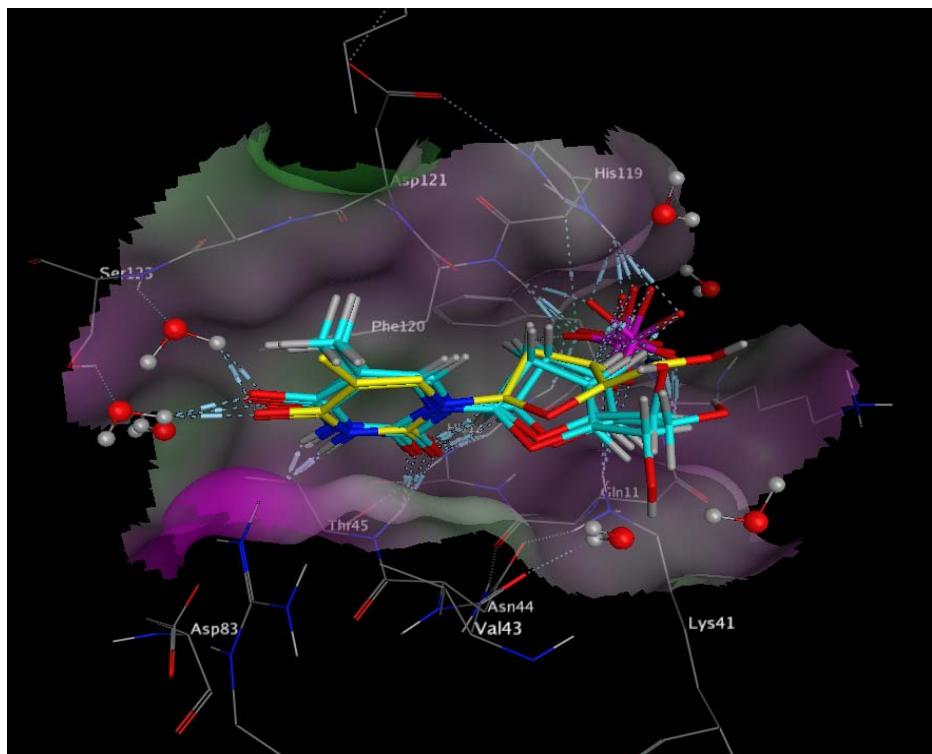
**Figure 25.** Redocking results, scored with Goldscore. Original binding pose is colored blue.



**Figure 26.** Redocking results, scored with Chemscore. Original binding pose is colored blue.



**Figure 27.** Redocking results, scored with ChemPLP. Original binding pose is colored blue.



**Figure 28.** Redocking results, scored with ASP. Original binding pose is colored blue.

As can be seen in Figure 28, the docking poses that matched best with the original binding pose were generated with the Astex Statistical Potential (ASP) scoring function. Therefore ASP was used as scoring function for the docking of the 193 compound (the outcome of the pharmacophore screening).

#### Docking results

The run produced 1544 poses in total. The compounds were visually analyzed and classified into 42 scaffolds. The scaffold numbering was assigned considering the best docking pose for each compound, for example: the compound with the best docking pose was determined as scaffold 1, the next different scaffold compound with the next best docking pose as scaffold 2 and so on.

The 193 compounds are shown in Annex A ranked downwards by the docking results.

#### Compound Selection for Experimental Testing

For the experimental testing 51 compounds were selected, 42 from each scaffold one and 9 in addition from the scaffolds ranked best through docking. At the time of the thesis writing the compounds were being tested by the Medical University of Vienna.

## VI. Conclusion and Outlook

As result of this study, compounds could be identified by in silico methods, that are considered to act as Ribonuclease A inhibitors. Ribonuclease A is associated with obesity and findings show that the inhibition of RNase A leads to a decrease of the number of adipocytes.

After sequence alignment a structure-based pharmacophore model was generated. With this model the LifeChemicals database was screened. The hit compounds were further analyzed with ChemGPS-NP to compare them with already known inhibitors of Ribonuclease A. This was followed by docking studies that were performed in GOLD. Out of 194 hits, 51 compounds were selected taking into consideration their docking scores and diversity with respect to the chemical scaffold.

The identified compounds are currently tested in-vitro. Depending on the results, several follow up studies are possible. The compounds tested positive for inhibition should be further analyzed, to retrieve a potential lead candidate. This could be further tested in mice for a proof of concept.

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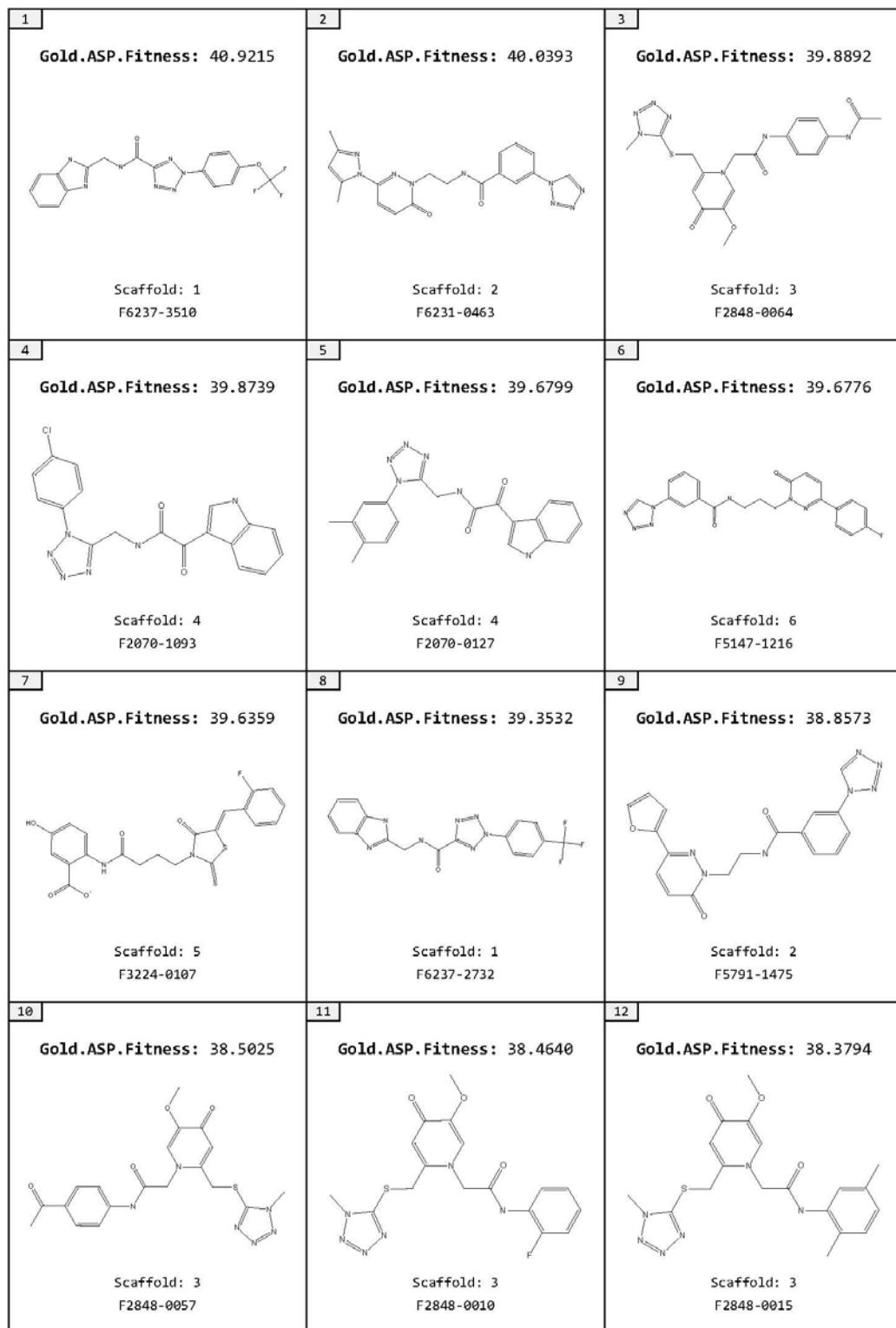
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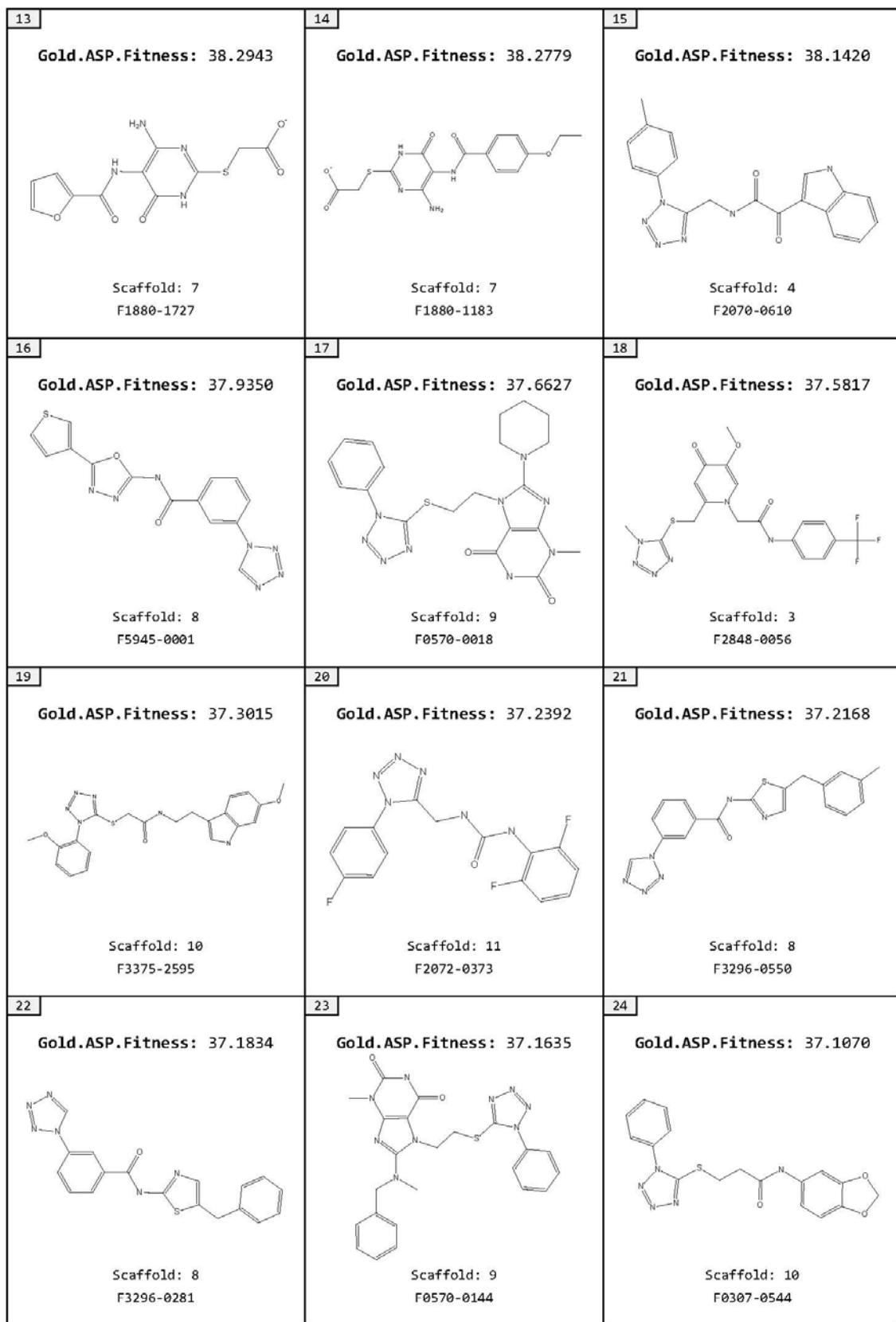
Yanovski SZ, Yanovski JA. Long-term Drug Treatment for Obesity. A Systematic and Clinical Review, JAMA Published online November 14, 2013

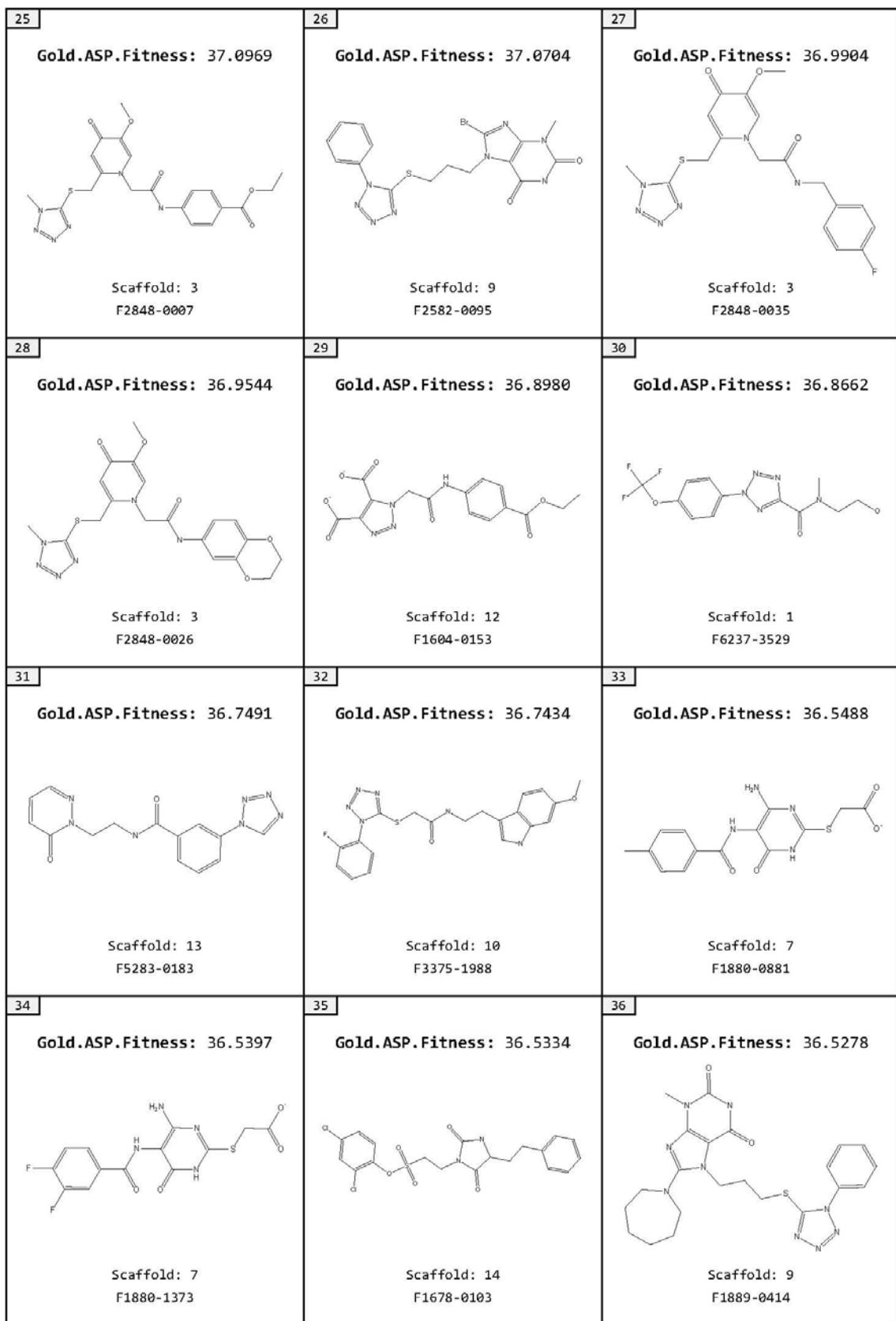


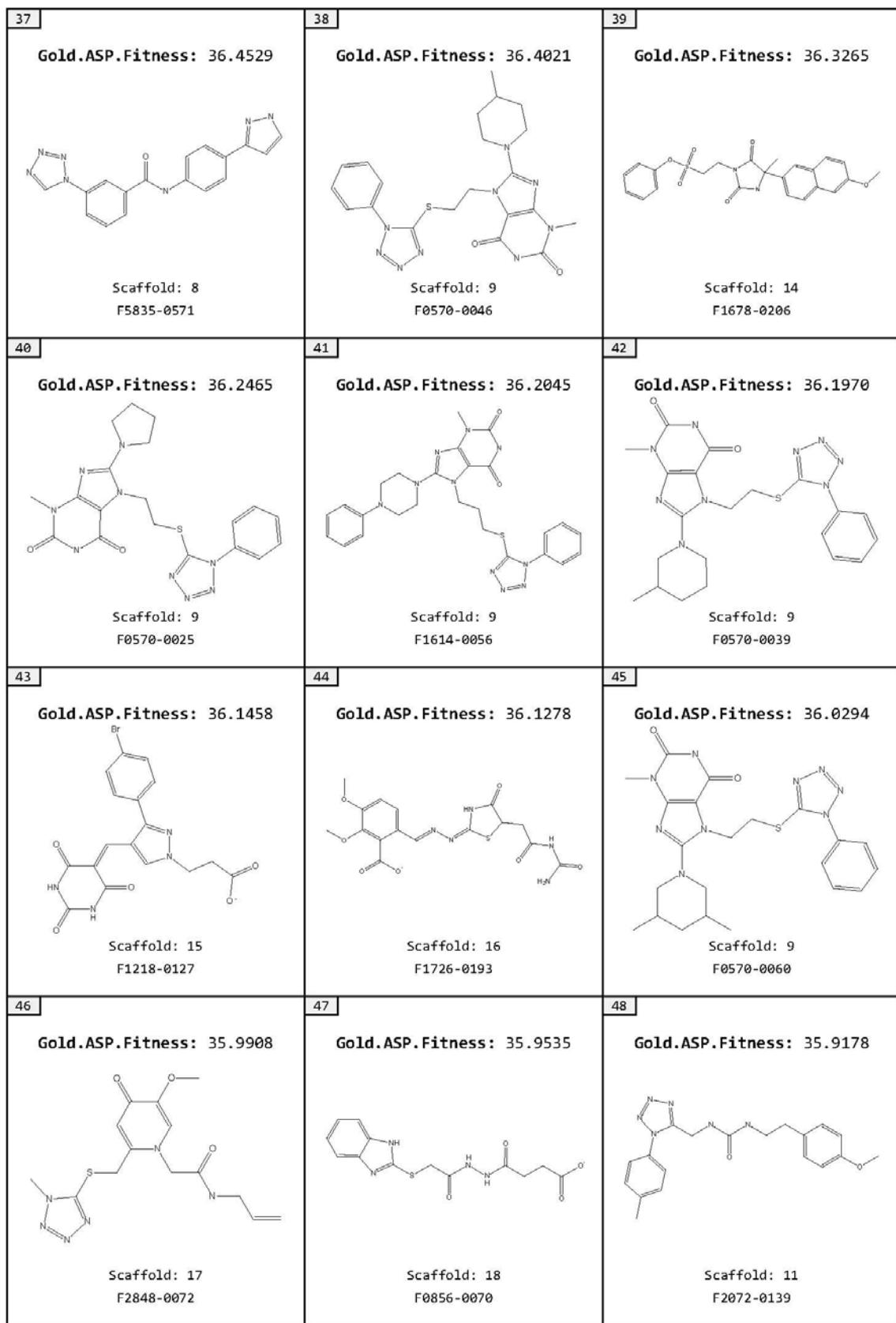
## VIII. Annex

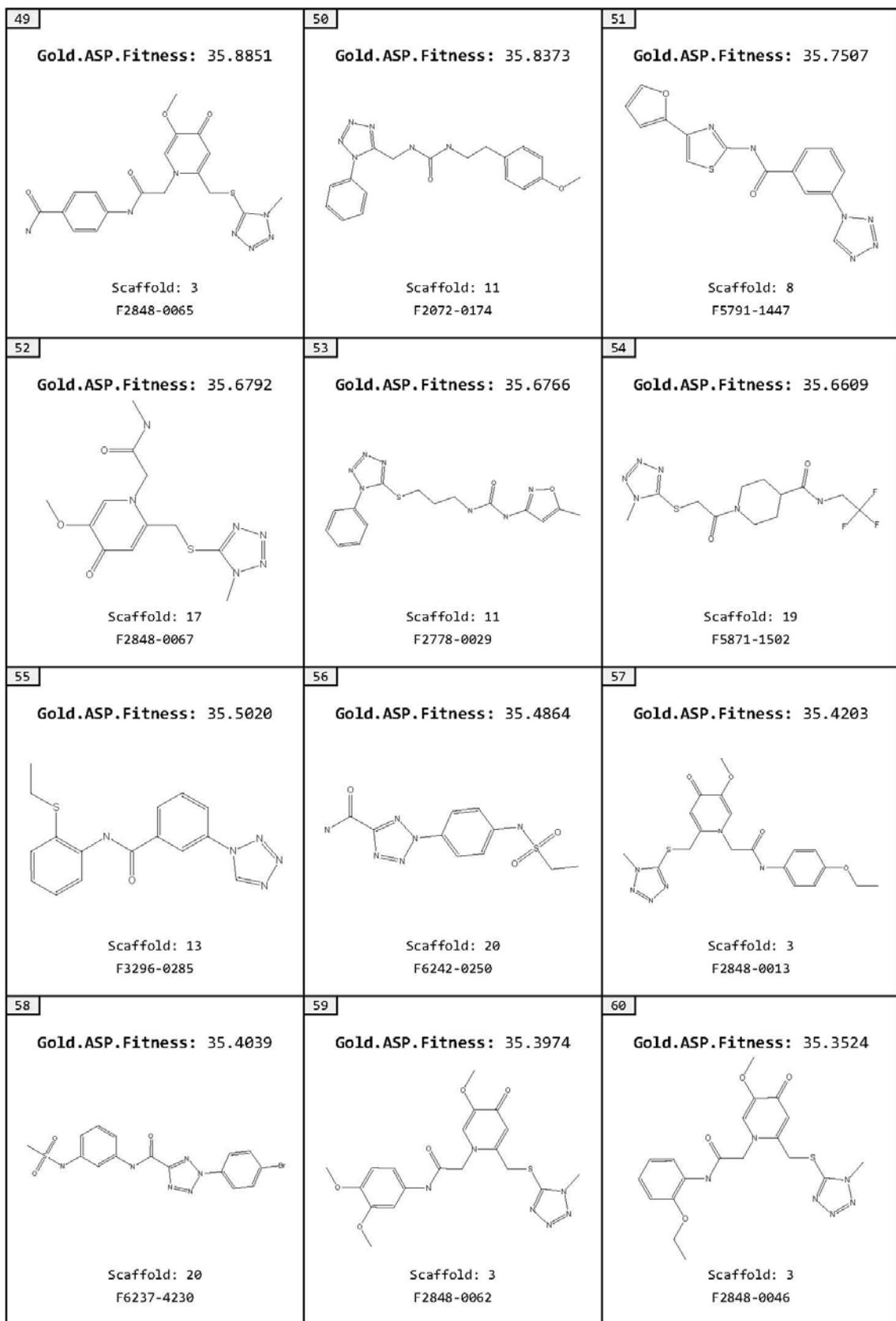
### A. Hit compounds (ID Numbers from LifeChemicals)

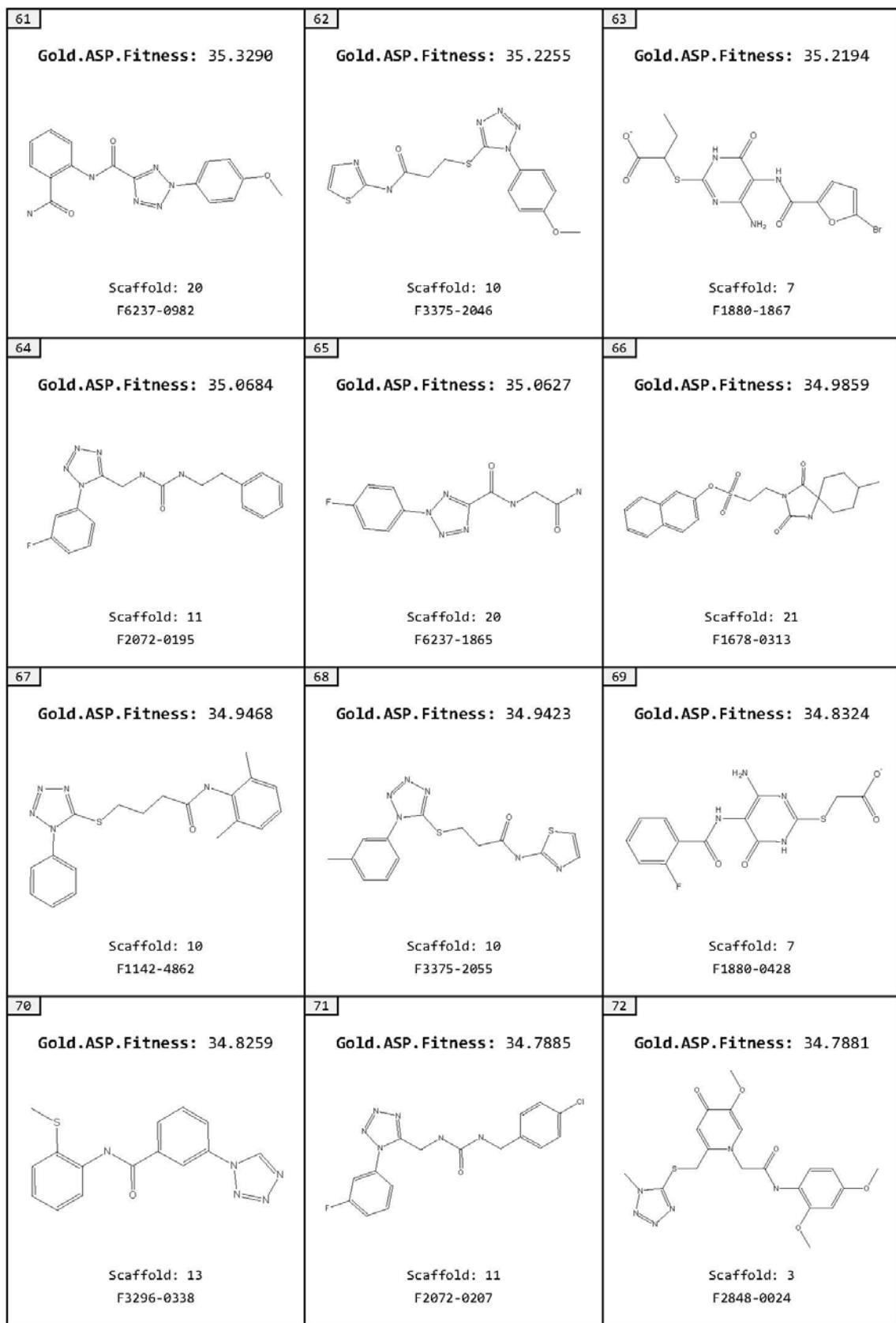


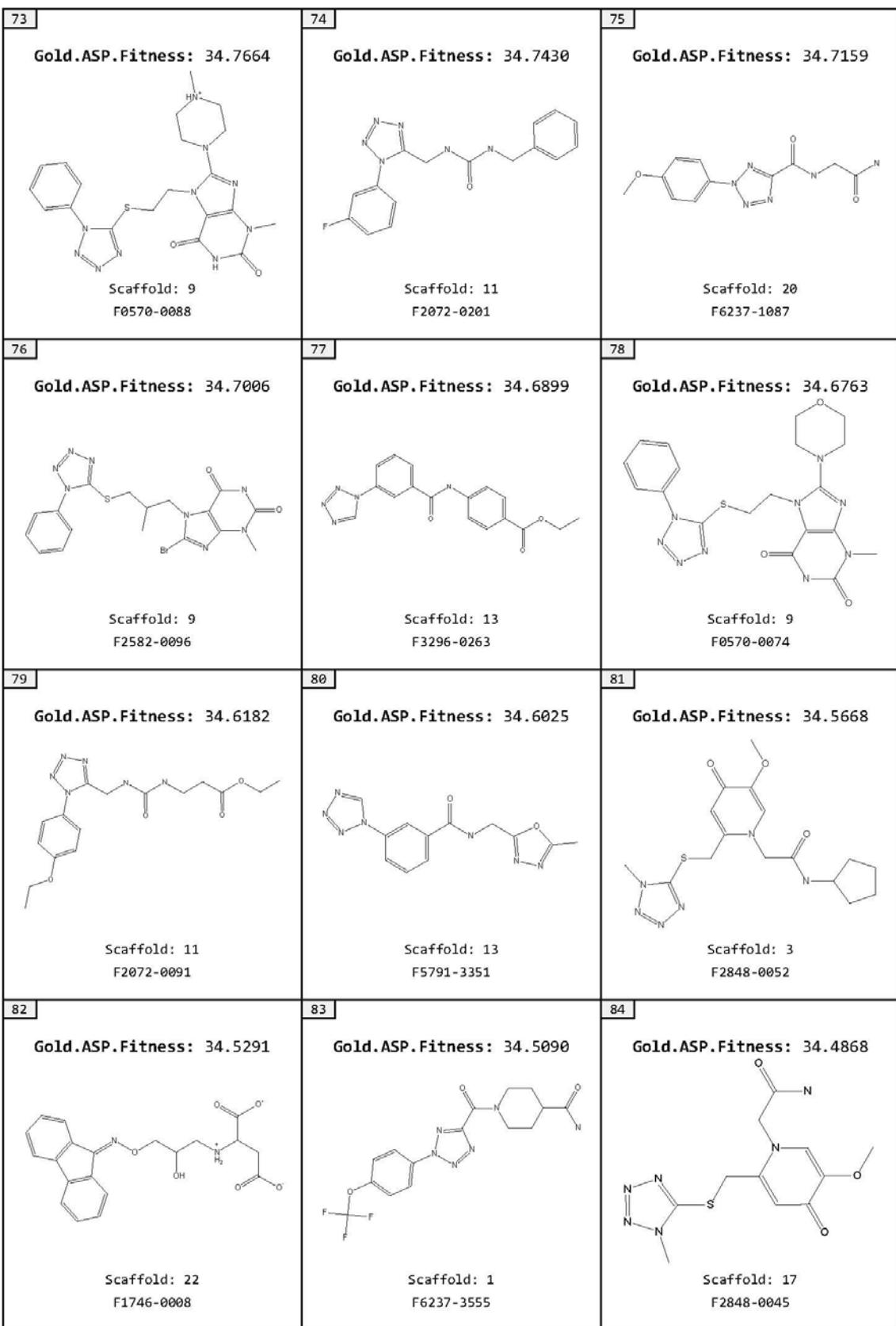


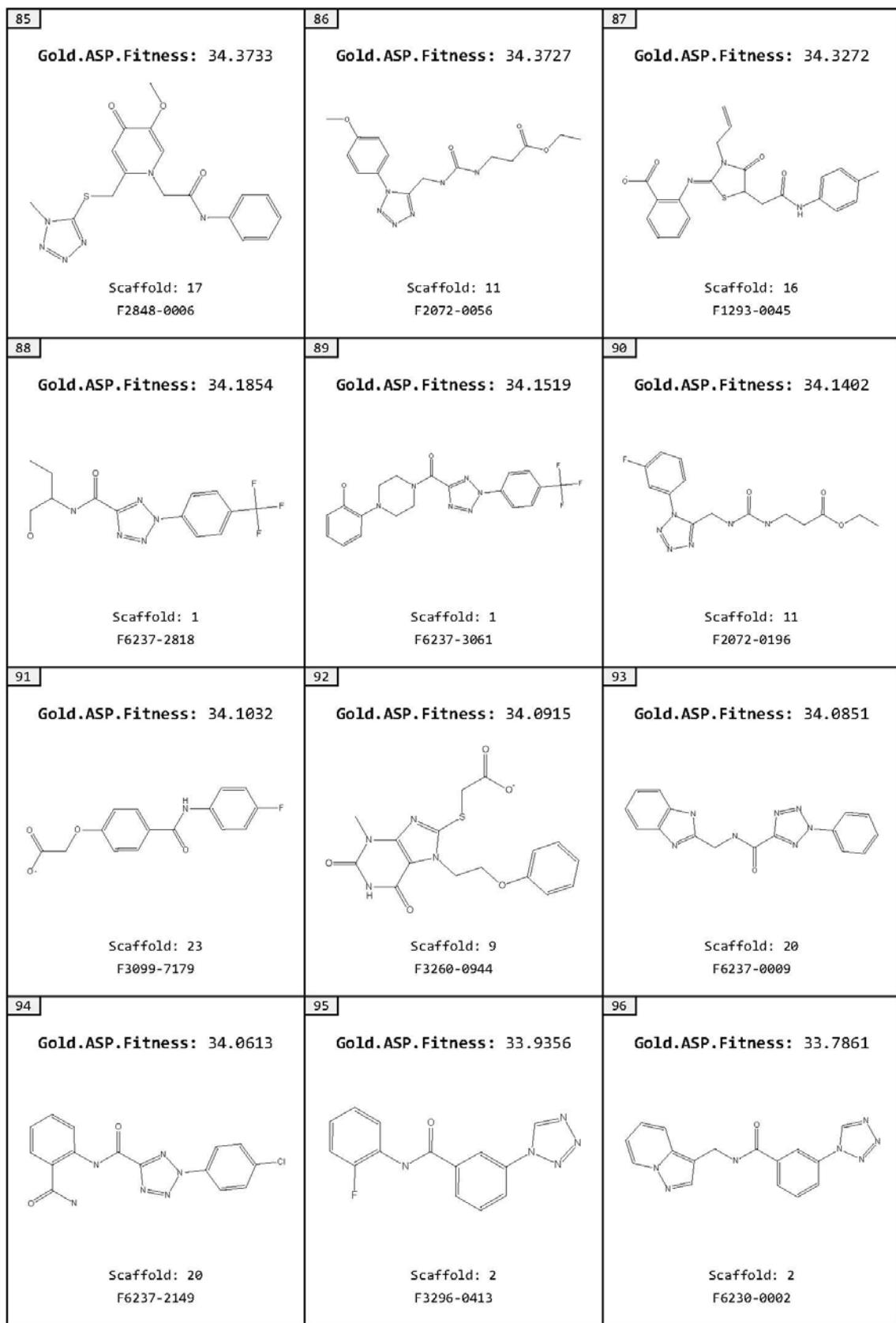


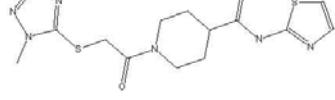
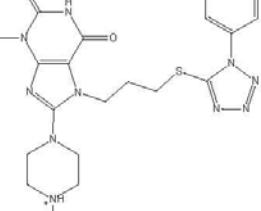
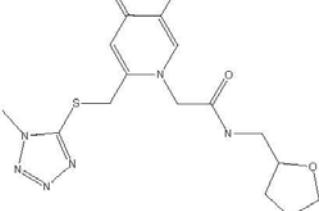
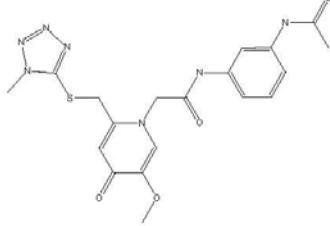
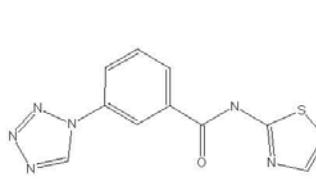
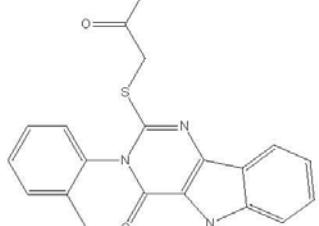
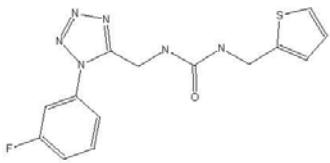
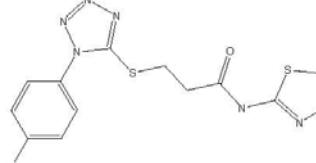
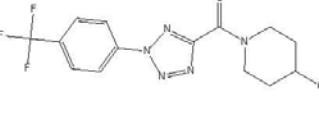
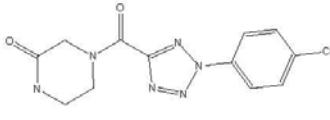
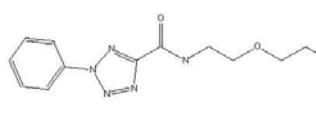
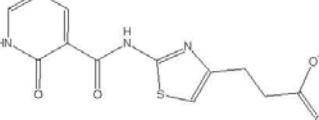


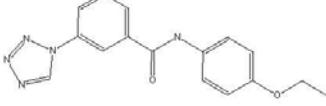
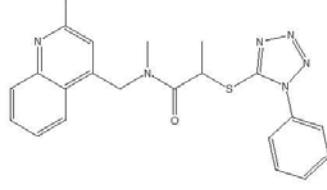
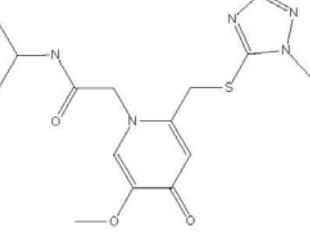
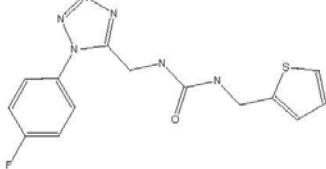
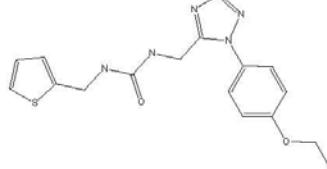
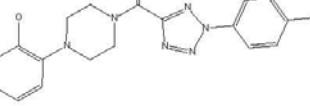
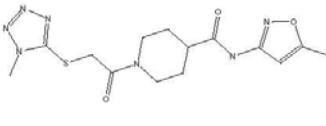
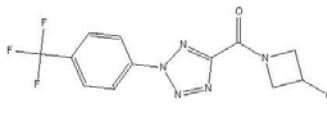
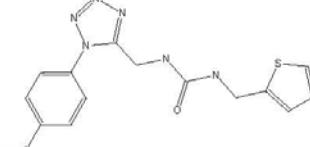
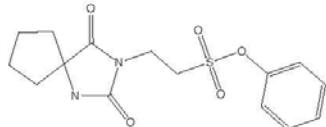
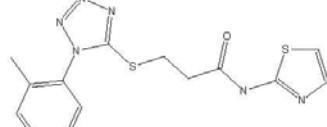
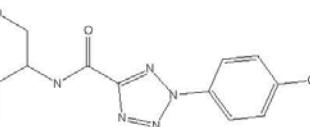


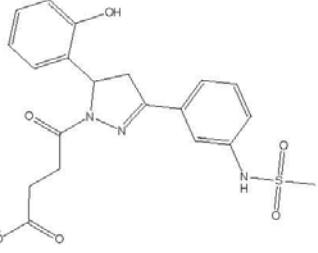
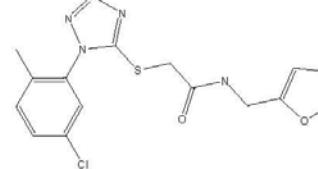
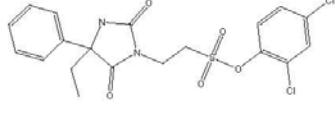
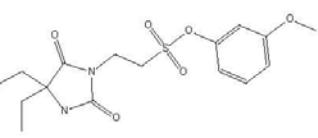
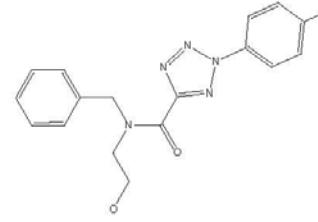
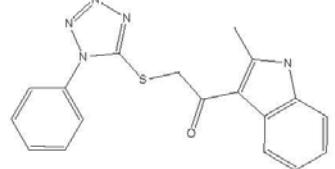
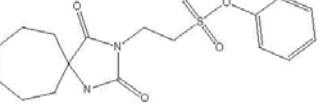
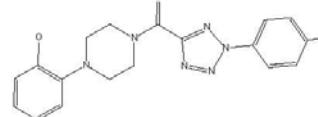
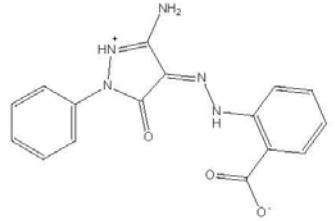
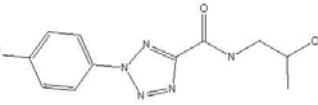
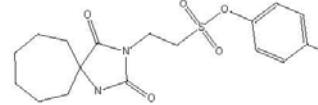
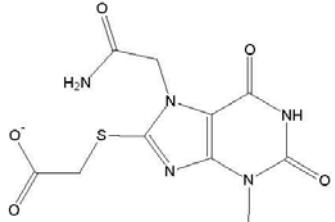


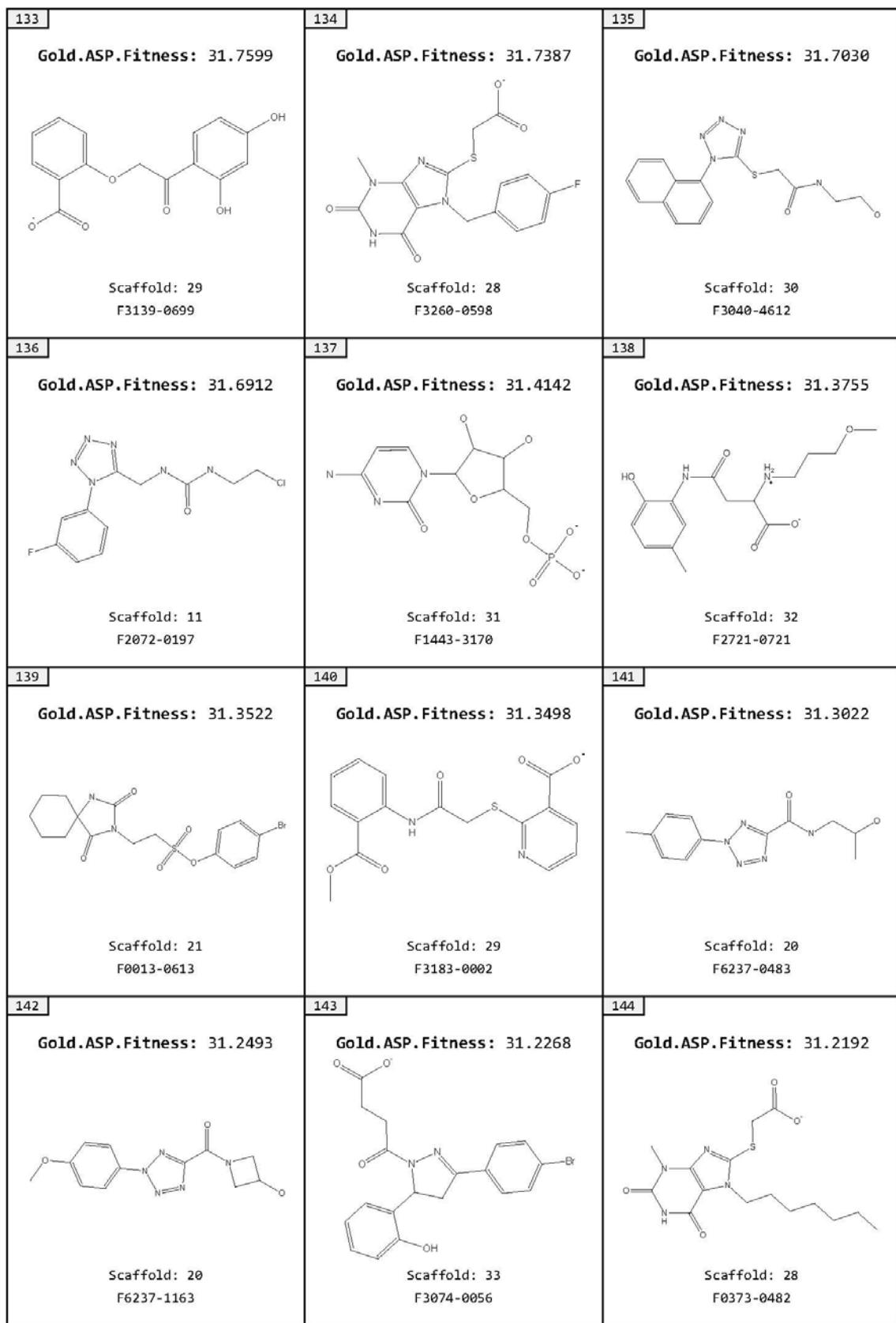


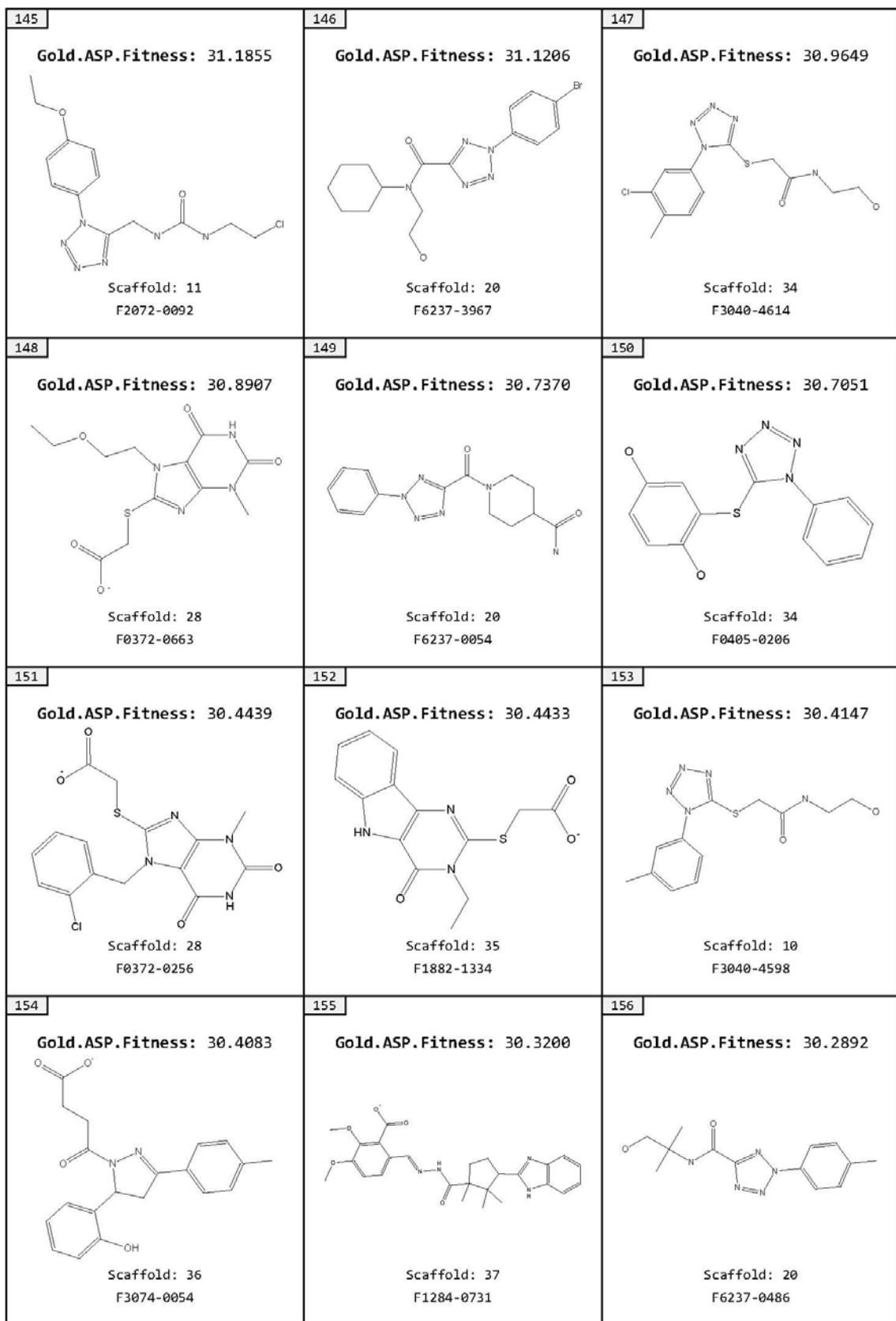


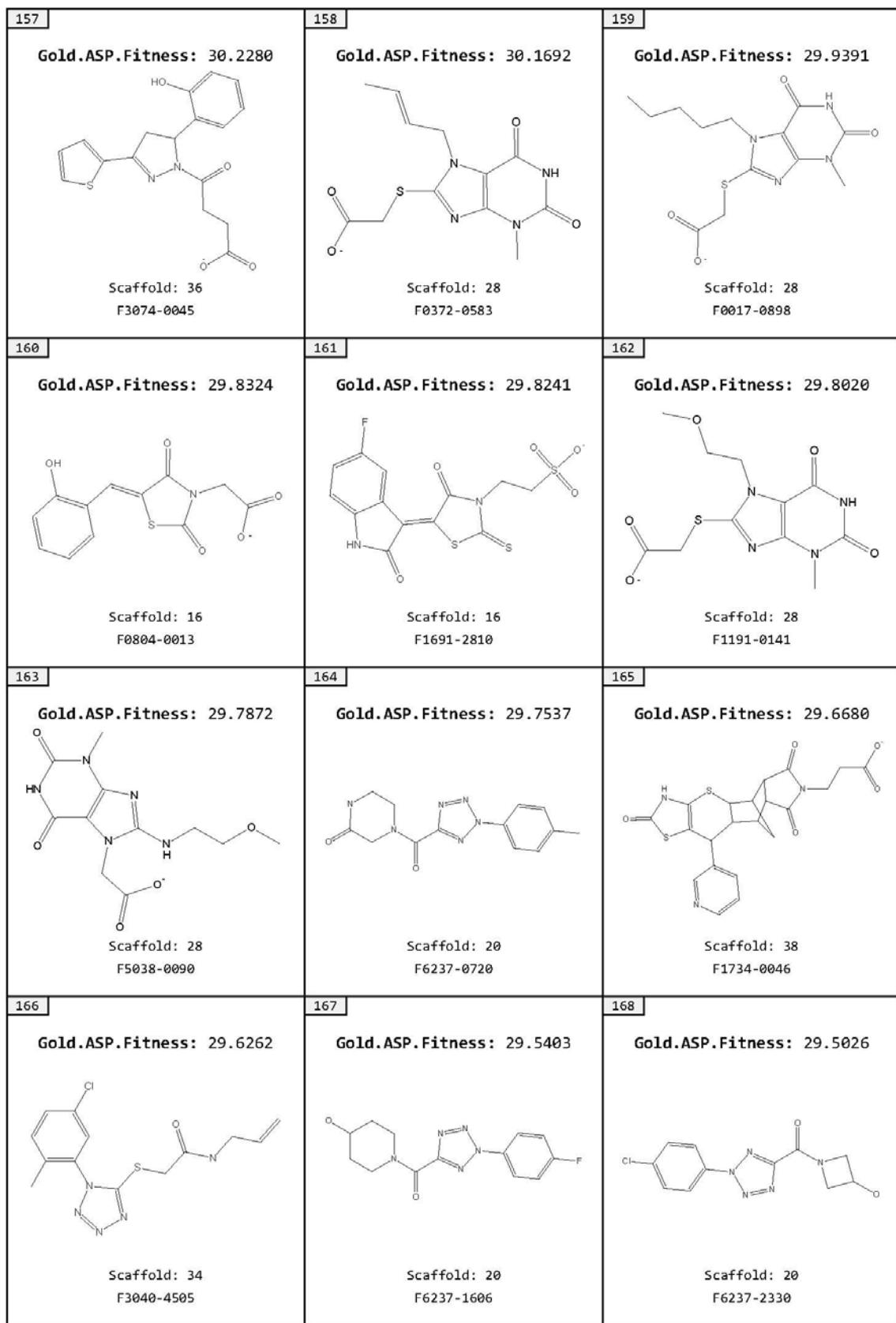
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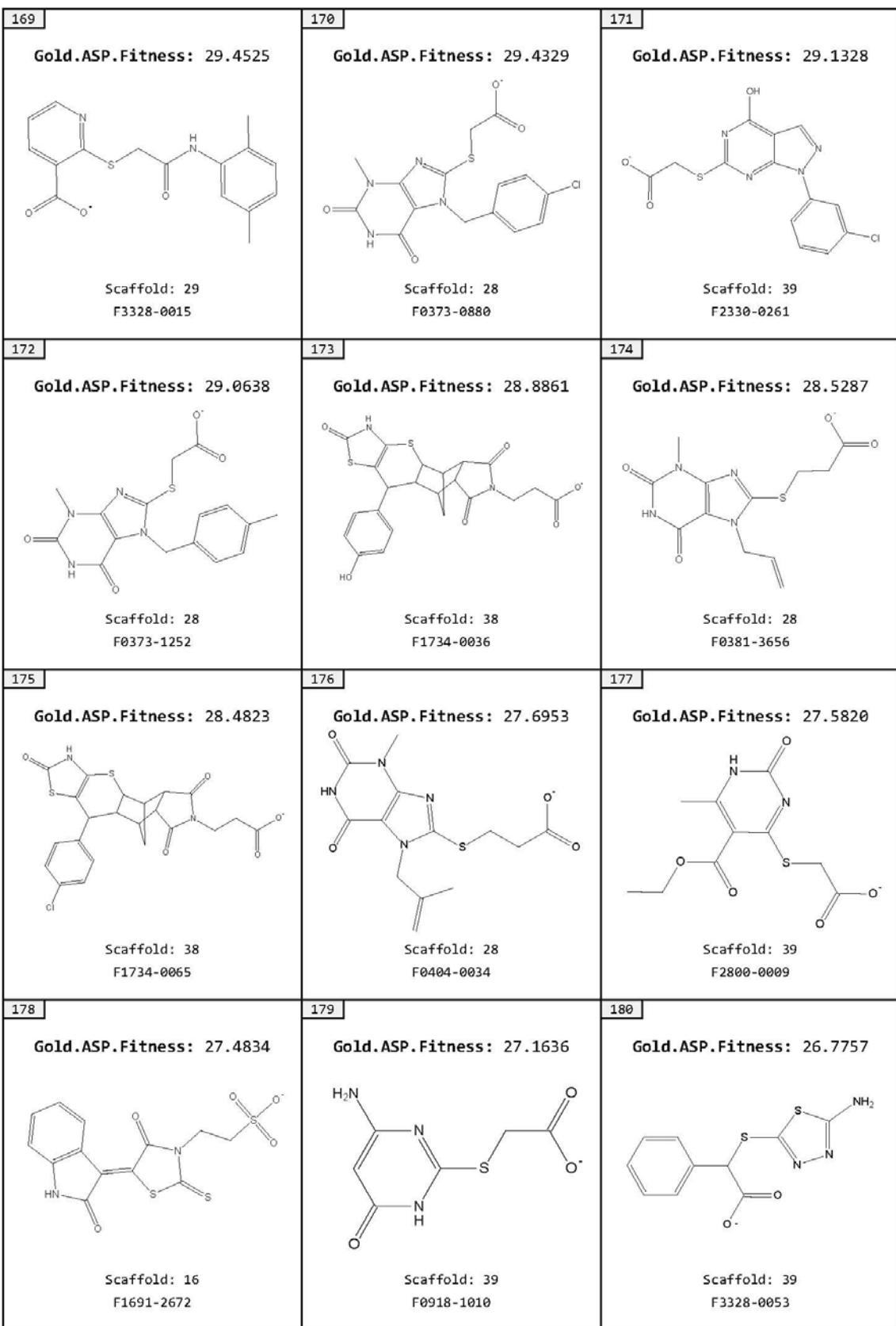
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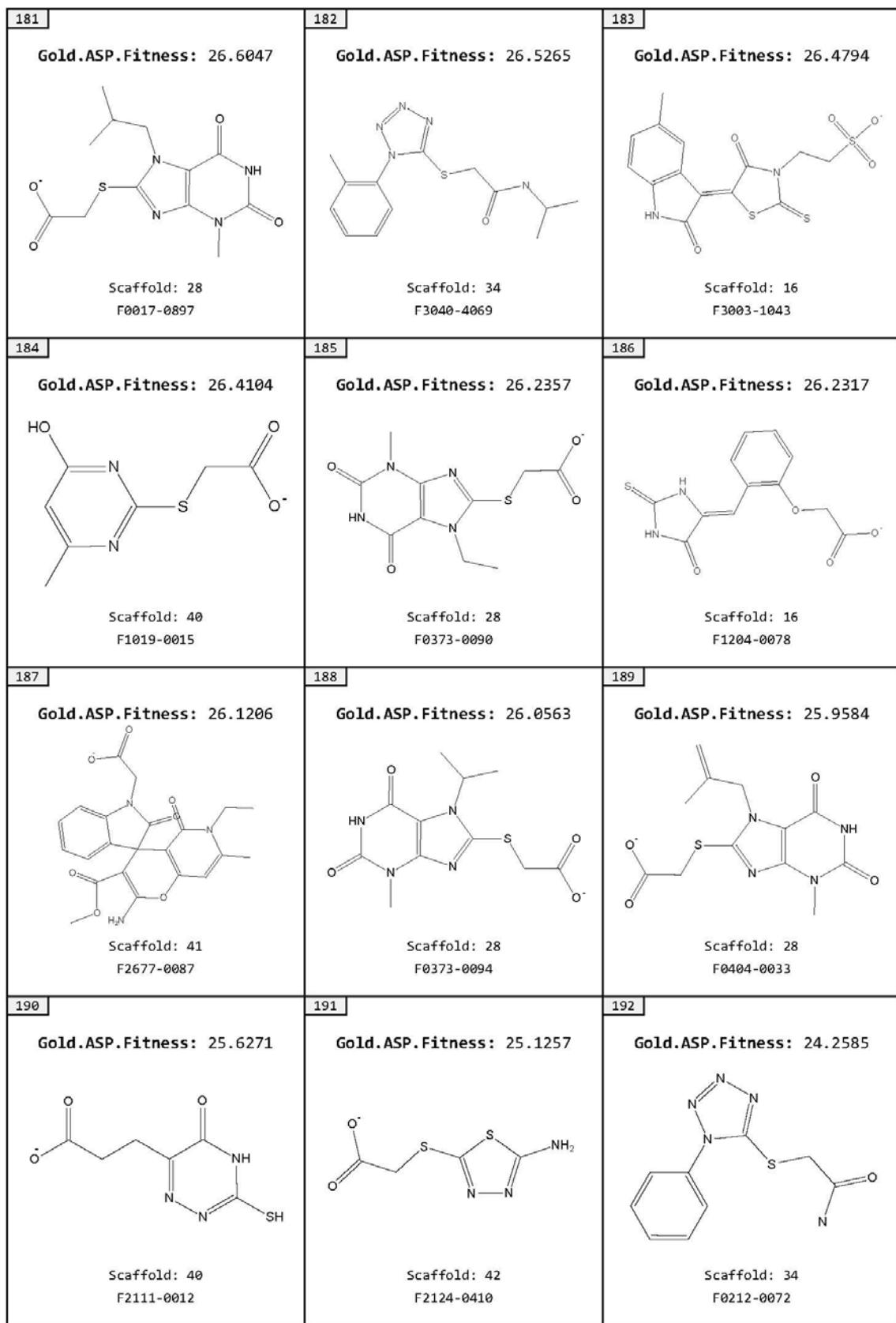
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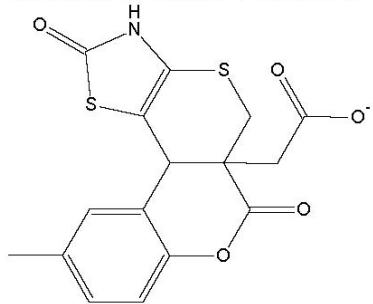






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## B. Abstract

Obesity is a major health problem in many countries of the world. Weight gain is associated with several diseases. It is linked to cardiovascular disease, diabetes mellitus, osteoarthritis, some forms of cancer and sleep-breathing disorders. The common treatment option nowadays is lifestyle change including diet with calorie restriction and physical exercise. However, the treatment often remains without success. Bariatric surgery and some pharmacological treatments also exist. They lead to moderate weight loss but also possess a lot of side effect and compliance problems. Obese individuals have an increased adipocyte size as well as adipocyte number. However, the treatment options listed above just interact with adipocyte size not number.

According to recent studies, Ribonuclease A, an enzyme of the ribonuclease family, is associated to obesity. The enzyme is expressed in adipose tissue and findings show that inhibition of RNase A leads to decreased adipocyte number. Because of this, Ribonuclease A is an interesting novel target for drug development for treatment of obesity.

The aim of this study is to identify new ligands that can act as antagonists for Ribonuclease A by structure-based in silico screening. First, a structure-based pharmacophore model has been created and used for screening of the LifeChemicals database. The obtained hit compounds were further analyzed using the ChemGPS-NP web service. For final prioritisation of the hit list, also docking studies were performed. As a result, 51 compounds were identified, which are currently tested for Ribonuclease A inhibition activity.

## C. Zusammenfassung

Adipositas oder Fettsucht wird mit zahlreichen Krankheiten assoziiert, wie zum Beispiel Herz-Kreislauferkrankungen, Diabetes Mellitus Typ 2, Arthritis, einigen Krebsarten und Bluthochdruck. Die häufigste Behandlungsmethode ist heutzutage die Änderung der Lebensgewohnheiten, durch eine kalorienreduzierte Diät und sportliche Betätigung. Jedoch ist der Erfolg solch einer Therapie oft unzureichend. Magenverkleinerung und einige pharmakologischen Behandlungen führen zu einem gewissen Gewichtsverlust, sind jedoch auch mit vielen Nebenwirkungen verbunden. Übergewichtige Patienten weisen meistens sowohl eine Vergrößerung der Adipozyten auf, als auch eine Erhöhung der Anzahl der Zellen. Die bereits erwähnten Behandlungsmethoden bewirken jedoch nur eine Reduktion der Adipozytengroesse, aber nicht deren Anzahl.

Ribonuclease A, ein Enzym das zu der Ribonuclease A Überfamilie gehört, wird mit Adipositas assoziiert. Das Enzym wird im Fettgewebe exprimiert. Neuen Studien zufolge führt eine Hemmung der RNase A zu einer Reduktion der Adipozytenanzahl. Aus diesem Grund bietet Ribonuclease A einen neuen Angriffspunkt zur der Entwicklung von Arzneistoffen zur Behandlung von Adipositas.

Das Ziel dieser Arbeit war es, mit Hilfe von strukturbasiertem *in silico* Screening mögliche Inhibitoren der Ribonuclease A zu identifizieren. Nach der Erstellung eines strukturbasierten Pharmakophormodells wurde die LifeChemicals Datenbank gescreent. Die dadurch gefundenen Verbindungen wurden mit ChemGPS-NP analysiert. Zur finalen Priorisierung der Hitliste wurden Docking Methoden angewandt. Als Ergebnis wurden 51 Verbindungen identifiziert, die zur Zeit auf ihre Ribonuclease Inhibierungsaktivität getestet werden.

## D. List of Abbreviations

BMI	Body mass index
CADD	Computer Aided Drug Design
ChEMBLdb	Chemical European Molecular Biology Laboratory database
EAR	Eosinophil-associated ribonclease
EBI	European Bioinformatics Institute
IL-6	Interleukin-6
IUPAC	Principal component analysis
PCA	
PDB	Protein Data Base
R&D	Research and development
RNAPubmed	Ribonucleic acid
RNase	Ribonuclease
SMILES	Simplified Molecular Input Line Entry Specification
T3P	Thymidine-3-monophosphate
TNF	Tumor necrosis factor
WHO	World Health Organisation

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Table 1: Inhibitors and their SMILES

Table 2: ChemGPS Results: Coordinates of PCA1 – PCA3

Ich habe mich bemüht, sämtliche Inhaber der Bildrechte ausfindig zu machen und ihre Zustimmung zur Verwendung der Bilder in dieser Arbeit eingeholt. Sollte dennoch eine Urheberrechtsverletzung bekannt werden, ersuche ich um Meldung bei mir.

## F. Curriculum Vitae

### Katsiaryna Bulyha

#### Ausbildung

---

2008-2013	<b>Diplomstudium Pharmazie, Universität Wien</b> Abschluss Mag. Pharm.
06/2008	Matura mit ausgezeichnetem Erfolg → Schwerpunktmodul „Kommunikation, Präsentation, Rhetorik“
2005-2008	Wasagasse Gymnasium (BG IX), Wien, Österreich
2003-2005	Gymnasium Gonsenheim, Mainz, Deutschland
2001-2003	Gymnasium Zitadelle, Jülich, Deutschland

#### Arbeitserfahrung

---

Seit 12/2013	<b>Clinical Research Associate (CRA)</b> Austrian Breast and Colorectal Study Group (ABCSG), Österreich
07/2012 – 09/2012	<b>Praktikum bei European Molecular Biology Laboratory (EMBL)</b> Structural and Computational Biology Unit, Heidelberg, Deutschland
08/2011- 09/2011	<b>Praktikum bei Austrian Institute of Technology (AIT)</b> Health and Environment Department, Tulln, Österreich
11/2008 - 05/2011	<b>wissenschaftliche Mitarbeiterin der Universität Wien</b> Institut für Erdwissenschaften, geringfügig beschäftigt

#### Sprachkenntnisse

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Russisch	Muttersprache
Deutsch	Muttersprache
Englisch	Fließend
Französisch	Gute Kenntnisse
Italienisch	Grundkenntnisse

#### Aktivitäten und Interessen

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- Tutor im Praktikum „Arzneimittelanalytik und Wirkstoffentwicklung“
- Teilnahme an „Summer School on Drug Design“ 09/13, Wien
- Peer Mentor (Leitung einer Gruppe Studenten des 1. Semesters)
- Laufen, Lesen, Ölmalerei

#### Sonstige Kenntnisse

---

MS Office (Word, PowerPoint, Excel)

Führerschein Klasse B (seit 2009)